

# Pentadecapeptide BPC 157 resolves suprahepatic occlusion of the inferior caval vein, Budd-Chiari syndrome model in rats

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**ORIGINAL ARTICLE****Basic Study**

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## Basic Study

**Pentadecapeptide BPC 157 resolves suprahepatic occlusion of the inferior caval vein, Budd-Chiari syndrome model in rats**

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**Abstract****BACKGROUND**

Recently, as a possible therapy resolving solution, pentadecapeptide BPC 157 therapy, has been used in alleviating various vascular occlusion disturbances. BPC 157 was previously reviewed as novel mediator of Robert cytoprotection and endothelium protection in the stomach, and gut-brain axis, beneficial therapy in gastrointestinal tract, with particular reference to vascular recruitment, ulcerative colitis and tumor cachexia, and other tissues healing. Here we raised new hypothesis about BPC 157 therapy in the Budd-Chiari syndrome in rats, rapid bypassing of the suprahepatic inferior caval vein occlusion, and rats recovery with the active and effective pharmacotherapy treatment.

**AIM**

To investigate Budd-Chiari syndrome model (inferior caval vein suprahepatic occlusion) resolution, since BPC 157 resolves various rat vascular occlusion.

**METHODS**

We assessed the activated bypassing pathways between the inferior and superior caval veins and portocaval shunt, counteracted caval/portal hypertension, aortal hypotension, venous/arterial thrombosis, electrocardiogram disturbances, liver and gastrointestinal lesions (*i.e.*, stomach and duodenum hemorrhages, in particular, congestion). Rats with suprahepatic occlusion of the inferior vena cava by ligation were medicated at 1 min, 15 min, 24 h, or 48 h post-ligation. Medication consisted of 10 µg/kg BPC 157, 10 ng BPC 157 or 5 mL/kg saline, administered once as an abdominal bath or intragastric application. Gross and microscopic observations were made, in addition to assessments of electrical

tools; Gojkovic S, Drmic D, Seiwerth S and Sikiric P wrote the manuscript.

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#### Institutional animal care and use

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activity of the heart (electrocardiogram), portal and caval hypertension, aortal hypotension, thrombosis, hepatomegaly, splenomegaly and venography. Furthermore, levels of nitric oxide, malondialdehyde in the liver and serum enzymes were determined.

## RESULTS

BPC 157 counteracted increased P wave amplitude, tachycardia and ST-elevation, *i.e.*, right heart failure from acute thrombotic coronary occlusion. The bypassing pathway of the inferior vena cava-azygos (hemiazzygos) vein-superior vena cava and portocaval shunt occurred rapidly. Even with severe caval portal hypertension, BPC 157 antagonized portal and caval hypertension and aortal hypotension, and also reduced refractory ascites. Thrombosis of portal vein tributaries, inferior vena cava, and hepatic and coronary arteries was attenuated. In addition, there was reduced pathology of the lungs (severe capillary congestion) and liver (dilated central veins and terminal portal venules), decreased intestine hemorrhagic lesions (substantial capillary congestion, submucosal edema and architecture loss), and increased liver and spleen weight. During the period of ligation, nitric oxide- and malondialdehyde-levels in the liver remained within normal healthy values, and increases in serum enzymes were markedly reduced.

## CONCLUSION

BPC 157 counteracts Budd Chiari syndrome in rats.

**Key words:** BPC 157; Budd Chiari syndrome; Portal/caval hypertension

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**Core tip:** To demonstrate that pentadecapeptide BPC 157 can resolve Budd Chiari syndrome in rats, we provided gross, microscopy, nitric oxide-, malondialdehyde-liver levels, serum enzymes, electrocardiogram, portal, caval hypertension, aortal hypotension, thrombosis, hepatomegaly, splenomegaly and venography assessments. BPC 157 counteracts increased P wave amplitude, tachycardia and ST-elevation (*i.e.*, right heart failure; acute thrombotic coronary occlusion). Bypassing pathway (inferior caval vein-azygos (hemiazzygos) vein-superior caval vein and portocaval shunt) rapidly appears. Even with the severe caval > portal hypertension, BPC 157 counteracts portal and caval hypertension and aortal hypotension. BPC 157 counteracts refractory ascites. Portal vein tributaries, inferior caval vein, hepatic and coronary arteries thrombosis was counteracted. In addition, there are counteracted severe lung pathology, liver, intestine hemorrhagic lesion, increased liver and spleen weight. During ligation-period, nitric oxide- and malondialdehyde-level in liver remained within normal healthy values, and increased serum enzymes markedly lessened. In conclusion, BPC 157 counteracts Budd Chiari syndrome in rats.

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## INTRODUCTION

Here we raised new hypothesis about rapid bypassing of the suprahepatic inferior caval vein occlusion in the Budd-Chiari syndrome (BCS) in rats along with the active and effective pharmacotherapy treatment.

In this, we perceive BCS as originally suggested<sup>[1,2]</sup>, a hepatic venous outflow obstruction and its manifestation, regardless of cause, but mostly attributable to thrombosis, which can be located anywhere from the small hepatic veins until the

entrance of the inferior caval vein into the right atrium<sup>[1,2]</sup>. Thereby, with some limitations<sup>[3]</sup>, since in the rat it is almost impossible to dissect the hepatic veins<sup>[3]</sup>, few rats studies used occluding the inferior vena cava cranially to the hepatic veins<sup>[2,4-7]</sup>, but bypassing of the occlusion in the rat BCS along with pharmacotherapy treatment was not considered.

Recently, as a possible therapy resolving solution, pentadecapeptide BPC 157 therapy<sup>[8-20]</sup>, has been used in alleviating vascular occlusion disturbances<sup>[21-25]</sup>. BPC 157 was previously reviewed as novel mediator of Robert cytoprotection and endothelium protection in the stomach<sup>[8-11]</sup>, and gut-brain axis<sup>[12]</sup>, beneficial therapy in gastrointestinal tract<sup>[13,14]</sup>, with particular reference to vascular recruitment<sup>[11,15-17]</sup>, ulcerative colitis<sup>[14]</sup> and tumor cachexia<sup>[18]</sup>, and other tissues healing<sup>[19,20]</sup>.

Rapid activation of a bypassing loop<sup>[21-25]</sup> occurs in rats with an infrarenal ligation of the inferior vena cava, relieving a Virchow's triad situation<sup>[21]</sup>, much like in rats with ischemic/reperfusion colitis<sup>[22]</sup>, duodenal venous congestion lesions<sup>[23]</sup>, perforated cecum<sup>[24]</sup>, bile duct ligation induced liver cirrhosis and portal hypertension<sup>[25]</sup>.

Specifically, there is prevention and reversal of both caval and portal hypertension and aortal hypotension, tachycardia, thrombosis and thrombocytopenia, and consequently reduced prolonged bleeding. In addition, there is both preserved and rescued intestinal mucosal integrity and vein integrity, reduced malondialdehyde (MDA), even to normal levels in both ischemic and reperfusion conditions in tissues (*i.e.*, liver, colon, duodenum, cecum and veins) and plasma<sup>[21-25]</sup>.

In this current study, we assessed whether BPC 157 therapy compensated for the complete suprahepatic occlusion of the inferior vena cava, an immediate obstructive inferior vena cava and portal syndrome. In these obstructions, it would activate an azygos/hemiazygos vein bypassing pathway, and upgrade an inadequate rescuing inferior-superior vena cava shunt to an adequate one, as well as a portocaval shunt. With BCS in rats, both caval and portal hypertension, and aortal hypertension occurred. BPC 157 therapy was assessed in counteracting rapid clot formation in the portal vein, superior mesenteric vein, splenic vein, inferior vena cava, hepatic artery, and coronary artery, as well as peaked P waves, significant ST-elevation, tachycardia, gross organ lesions, and liver and spleen weight increases.

Notably, BPC 157 was originally used as an anti-ulcer agent, being stable and maintaining a native configuration in human gastric juices for more than 24 h, as previously reviewed<sup>[8-20]</sup>. It has been used in trials for ulcerative colitis and multiple sclerosis, with a very safe profile (LD1 not achieved), as previously reviewed<sup>[8-20]</sup>. Furthermore, as an important conceptual and practical activity point, in previous studies<sup>[8-20]</sup>, BPC 157 was thought to be a novel mediator of Robert's cytoprotection, the concept of a compound providing epithelium and endothelium protection, maintaining gastrointestinal mucosal integrity and organoprotection, as previously reviewed<sup>[8-20]</sup>. Likely, these beneficial effects might additionally contribute to the suggested therapeutic effect related to vessel recruitment in bypassing occlusions. As such, we investigated pentadecapeptide BPC 157 in resolving short and long-lasting BCS in rats.

## MATERIALS AND METHODS

### Animals

This study was conducted with 12-wk-old, 200 g birth weight, male albino Wistar rats, randomly assigned at 6 rats/group/interval. Rats were bred in-house at the Pharmacology animal facility, School of Medicine, Zagreb, Croatia. The animal facility was registered by the Directorate of Veterinary (Reg. No: HR-POK-007). Laboratory rats were acclimated for five days and randomly assigned to their respective treatment groups. Laboratory animals were housed in polycarbonate (PC) cages under conventional laboratory conditions at 20–24 °C, relative humidity of 40%–70% and noise level 60 dB. Each cage was identified with dates, number of study, group, dose, number and sex of each animal. Fluorescent lighting provided illumination 12 hours per day. Standard good laboratory practice (GLP) diet and fresh water was provided *ad libitum*. Animal care was in compliance with standard operating procedures (SOPs) of the Pharmacology animal facility, and the European Convention for the Protection of Vertebrate Animals used for Experimental and other Scientific Purposes (ETS 123).

This study was approved by the local Ethic Committee. Ethical principles of the study complied with the European Directive 010/63/E, the Law on Amendments to the Animal Protection Act (Official Gazette 37/13), the Animal Protection Act (Official Gazette 135/06), the Ordinance on the protection of animals used for scientific purposes (Official Gazette 55/13), Federation of European Laboratory Animal Science

Associations recommendations and the recommendations of the Ethics Committee of the School of Medicine, University of Zagreb. The experiments were assessed by observers blinded as to the treatment.

### Drugs

Medication was administered as described previously<sup>[21-25]</sup>, without use of a carrier or peptidase inhibitor, for stable gastric pentadecapeptide BPC 157, a partial sequence of the human gastric juice protein BPC, which was freely soluble in water at pH 7.0 and in saline. BPC 157 (GEPPPGKPADDAGLV, molecular weight 1419; Diagen, Slovenia) was prepared as a peptide with 99% high-performance liquid chromatography purity, with 1-des-Gly peptide being the main impurity. The dose and application regimens were as described previously<sup>[18-20]</sup>.

### Surgery

Rats were deeply anesthetized with intraperitoneal (ip) injected 40 mg/kg thiopental (Rotexmedica, Germany) and 10 mg/kg diazepam (Apaurin; Krka, Slovenia). The suprahepatic inferior vena cava was then exposed *via* a midline laparotomy, and was occluded by ligation. Rats were maintained for the next 15 min, 24 h or 48 h.

### Medication

In rats with suprahepatic occlusion of the inferior vena cava, in evaluating lesions and blood vessels by gross and microscopic assessment, electrocardiogram (ECG), thrombosis, serum enzyme levels and oxidative stress (MDA and nitric oxide, NO levels) in liver tissue, rats were treated with 10 µg/kg BPC 157, 10 ng/kg BPC 157, or 5 mL/kg saline as an abdominal bath at 1 min ligation-time. In addition, for portal vein, vena cava, and abdominal aorta pressure recordings 10 µg/kg BPC 157, 10 ng/kg BPC 157 or 5 mL/kg saline was applied in rats, either intragastrically or as an abdominal bath, at 15 minutes, 24 h or 48 h ligation-time. For venography, 10 µg/kg BPC 157, 10 ng/kg BPC 157 or 5 mL/kg saline was applied as an abdominal bath, at 15 minutes ligation-time, just before venography.

### Portal and caval vein and abdominal aorta pressure recording

Recordings were made in deeply anesthetized and laparotomized rats, with a cannula (BD Neoflon™ Cannula) connected to a pressure transducer (78534C MONITOR/TERMINAL; Hewlett Packard, United States) inserted into the portal vein, inferior vena cava and abdominal aorta at the level of the bifurcation at 15 min, 24 h or 48 h post-ligation. Each recording lasted five minutes, being assessed in one minute intervals.

Notably, normal rats exhibited a portal pressure of 3–5 mmHg<sup>[25]</sup> similar to that of the inferior vena cava, though with at least 1 mmHg higher values in the portal vein. By contrast, abdominal aorta blood pressure values were 100–120 mmHg at the level of the bifurcation<sup>[21]</sup>.

### ECG recording

ECGs were recorded continuously in deeply anesthetized rats for all three main leads, by positioning stainless steel electrodes on all four limbs using an ECG monitor with a 2090 programmer (Medtronic, United States) connected to a Waverunner LT342 digital oscilloscope (LeCroy, United States). This arrangement enabled precise recordings, measurements and analysis of ECG parameters<sup>[21]</sup>.

### Vessels, intestine, liver, spleen, ascites presentation

The presentation of the vessels was recorded in deeply anaesthetized rats, with a camera attached to a VMS-004 Discovery Deluxe USB microscope (Veho, United States). We assessed vessels, as to whether they had a filled or cleared out (hollow) appearance at the stomach, and for arcade vessels on the ventral and dorsal sides in 1 cm long segments of duodenum, jejunum, ascending colon, and for 10 vessels from the proximal to distal cecum throughout the experiment. The assessments occurred at selected time points before and after therapy, in rats with a suprahepatic occlusion of the inferior vena cava, at 5, 10 and 15 min post-ligation.

At 15 min, 24 h and 48 h post-ligation, we assessed hemorrhagic congestive areas in the stomach, duodenum, jejunum, cecum and ascending colon. Scoring was based on opening (1, normal mucosa presentation; 2, only small hemorrhagic areas; 3, advanced hemorrhagic areas; and 4, extensive and severe hemorrhagic areas) and azygos vein presentation (1, moderate decrease; 2, mild decrease; 3, not different from healthy; and 4, abundant increase). Liver and spleen weights were expressed as a percent of the total body weight (for normal rats, liver 3.2%–4.0% and spleen 0.20%–0.26%). Ascites (mL) was also assessed.

### **Venography**

Venography was performed in rats with a suprahepatic occlusion of the inferior vena cava at 15 min post-ligation, using a C-VISION PLUS fluoroscopy unit (Shimadzu, Japan)<sup>[18]</sup>. Two ml (0.3 mL/s) warmed Omnipaque 350 (iohexol) non-ionic contrast medium (GE Healthcare, United States) was injected into the inferior vena cava at the level of bifurcation of rats with a suprahepatic occlusion of the inferior vena cava. The contrast medium was visualized under real-time to ensure adequate filling. A subtraction mode was used to record the images at 14 frames per second. At 15 minutes post-ligation, venograms were taken, captured, and digitized into files on a personal computer and were analyzed using ISSA image software (Vamstec, Croatia). Rats having a full presentation of the azygos vein and portal vein-superior mesenteric vein-inferior mesenteric vein-rectal vein-left iliac vein-inferior vena cava pathway were assessed.

### **Microscopy**

Tissue specimens from liver, spleen, stomach, duodenum, ileum, cecum, ascending colon, cecum, lungs and heart were obtained from rats with suprahepatic occlusion of the inferior vena cava at 15 min, 24 h and 48 h post-ligation. These were fixed in buffered formalin (pH 7.4), for 24 h, dehydrated, and embedded in paraffin wax. The samples were stained with hematoxylin-eosin. Tissue injury was evaluated microscopically by a blinded examiner.

### **Thrombus assessment**

On being euthanized, the portal vein, superior mesenteric vein (up to the inferior anterior pancreaticoduodenal vein), splenic vein and inferior vena cava, as well as the hepatic and coronary arteries were removed from the rats, and clots were weighed<sup>[21]</sup>.

### **Bilirubin and enzyme activity**

To determine the serum levels of aspartate transaminase, alanine transaminase (IU/L), and total bilirubin ( $\mu\text{mol/L}$ ), blood samples were collected immediately after euthanasia and were centrifuged for 15 min at 3000 rpm. All tests were performed using an Olympus AU2700 analyzer with original test reagents (Olympus Diagnostics, Ireland)<sup>[26-32]</sup>. However, since there was no increase in bilirubin, the data were not shown.

### **Oxidative stress in liver**

Oxidative stress was assessed in collected tissue samples at 15 min, 24 h and 48 h post-ligation, by quantifying thiobarbituric acid-reactive species (TBARS) as MDA equivalents, as previously described<sup>[21-25]</sup>. The tissue samples were homogenized in phosphate-buffered saline (PBS, pH 7.4) containing 0.1 mmol/L butylated hydroxytoluene (BHT, TissueRuptor; Qiagen, United States) and sonicated for 30 s in an ultrasonic ice bath (Branson, United States). Trichloroacetic acid (TCA, 10%) was added to the homogenate, the mixture was centrifuged at 3000 rpm for 5 min, and the supernatant was collected. Thiobarbituric acid (TBA, 1%) was added, and the samples were heated at 95 °C for 60 min. The tubes were then kept on ice for 10 min. Following centrifugation (14000 rpm, 10 min), the absorbance of the mixture was determined at a wavelength of 532 nm. The concentration of MDA was read from a standard calibration curve, plotted using 1,1,3,3'-tetraethoxy propane. The extent of lipid peroxidation was expressed as MDA equivalents, using a molar extinction coefficient for MDA of  $1.56 \times 10^5 \text{ mol/L/cm}$ . Protein concentration was determined using a DC Protein Assay Kit, (Bio-Rad, United States). Results were expressed in nmol per mg protein.

### **NO determination in liver**

NO- levels in liver tissue samples were determined at 15 min, 24 h and 48 h post-ligation, using the Griess reaction (Griess Reagent System; Promega, United States). Sulfanilamide was incubated with the homogenized tissue, and then, N-1-naphthyl ethylenediamine dihydrochloride was added. The Griess reaction was based on a diazotization reaction in which acidified nitrite reacted with diazonium ions and, in a further step, was coupled to N-1-naphthyl ethylenediamine dihydrochloride, forming a chromophoric azo derivate. Absorbance was measured at 540 nm, using sodium nitrite solution as a standard. NO-levels were reported in  $\mu\text{mol/mg}$  protein. The protein concentrations were determined using a DC Protein Assay Kit, (Bio-Rad, United States), as described previously<sup>[21-25]</sup>.

### **Statistical analysis**

Statistical analysis was performed by parametric one-way analysis of variance, with post-hoc Newman-Keuls test and non-parametric Kruskal-Wallis test and

subsequently the Mann-Whitney *U* test to compare groups. Values were presented as the mean  $\pm$  SD and as the minimum/median/maximum. To compare the frequency difference between groups, the  $\chi^2$  test or Fischer's exact test was used.  $P < 0.05$  was considered statistically significant.

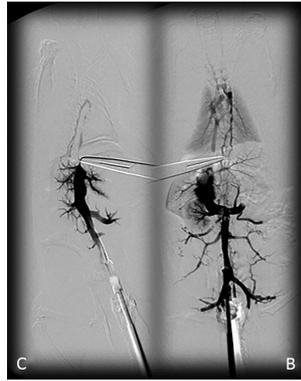
## RESULTS

All rats with suprahepatic occlusion of the inferior vena cava in BPC 157-treated groups exhibited a full presentation of the azygos vein and portal vein-superior mesenteric vein-inferior mesenteric vein-rectal vein-left iliac vein-inferior vena cava pathway, unlike the controls, (Fisher's exact probability test  $P < 0.05$  compared to control; **Figure 1**). This justified the focus of this current study on the stable gastric pentadecapeptide BPC 157 and rapid recovery of all hemodynamic disturbances in Budd-Chiari-rats, the severe portal and caval hypertension and abdominal aorta hypotension and full course of BCS model.

All BPC 157 administration regimens (10  $\mu$ g/kg and 10 ng/kg, abdominal bath, and intragastric applications) were effective in rats with BCS (**Figures 1-11**). Indicative of how BPC 157 might affect the course of BCS (**Figure 1**) and reversed the course of disturbances, marked attenuation occurred when it was given at 15 min post-ligation, much as in rats with prolonged BCS (at 24 h and 48 h post-ligation). Therefore, preexisting severe portal and caval hypertension and systemic hypotension (seen in the abdominal aorta), either short-lasting or long-lasting, rapidly responded to any of the BPC 157 regimens (**Figure 2**). In addition, over prolonged periods, the worsening that simultaneously appeared and persisted, the high portal hypertension, and particularly, the caval hypertension and aortic hypotension were not compensated; however, these completely disappeared with BPC 157 medication (**Figure 2**). Similarly, controls presented with immediately peaked *P* values, significant ST-elevation and tachycardia, as identifiers of acute thrombotic coronary occlusion and right heart failure (**Figure 3**), which rapidly disappeared under all the BPC 157 regimens (**Figure 3**). As visualized grossly in the early and prolonged periods, with BPC 157 treatment, increased blood vessel branching rapidly appeared in the serosa of all organs affected (**Figures 6 and 8**), with hemorrhagic lesions being markedly attenuated in the stomach, duodenum, jejunum, ileum, cecum and ascending colon (**Figures 5 and 7**), as well as reducing hepatomegaly and splenomegaly (**Figure 5**). There was a particular presentation of the azygos vein as an indication of the counteraction of right heart malfunction and the reestablishing of blood flow continuity between caval veins (**Figure 8**). Indicative of a reversal of BCS, while there was progressive thrombosis in controls in the portal vein, splenic vein, superior mesenteric vein, and inferior vena cava, as well as in the hepatic and coronary arteries, strong attenuation occurred in the veins and arteries of BPC 157-treated rats, where considerably smaller clots were observed (**Figure 4**). In addition, BPC 157 rats had much less ascites (**Figure 5**), and while serum alanine transaminase and aspartate transaminase values increased in controls, they were lower in rats treated with BPC 157 at all time intervals (**Figure 5**).

Increased MDA- and NO-levels in the liver may be indicative of BCS. BPC 157 administration resulted in MDA- and NO-levels in the liver, close to or within a normal healthy range in both early and prolonged periods of ligation (**Figure 6**).

Rats with BCS regularly showed considerable lesions early post-ligation. For example, in liver, there was substantial congestion of the central vein, branches of the terminal portal venules, and sinusoidal dilatation in the controls, while there was far less congestion in BPC 157-treated rats (**Figure 9**). In the spleen, there was sinusoidal congestion, and dilatation and enlargement of red pulp leading to reduction of white pulp, features, which were less apparent in BPC 157-treated rats (**Figure 9**). In stomach of controls, there was substantial congestion and dilatation of mucosal and submucosal capillaries, submucosal edema, ischemic changes, such as architectural distortion and foci of hemorrhage with fibrin deposition. Duodenal lesions in controls were characterized by substantial capillary congestion with prominent ischemic changes, architecture distortion and loss of crypts, with foci of hemorrhage, edema of the lamina propria and mild lymphocytic infiltration and ischemic changes, such as architectural distortion and foci of hemorrhage with fibrin deposition (**Figure 10**). By contrast, only very mild capillary congestion was found in the stomach and duodenum of BPC 157-treated rats, with some reparatory changes to epithelium. In the jejunum, ileum, cecum and colon of control rats, substantial capillary congestion with mild ischemic changes, loss of crypts with foci of hemorrhage, edema of the lamina propria and mild lymphocytic infiltration were present. By contrast, these effects were much less expressed in BPC 157-treated rats; in particular, there was



**Figure 1 BPC 157 and venography assessment in rats with a suprahepatic occlusion of the inferior vena cava.** Inferior vena cava venography at the level of the bifurcation at 15 minutes ligation time. Blood flow through the inferior vena cava through the azygos vein to the superior vena cava, portal vein to superior-inferior mesenteric vein-rectal vein-left iliac vein-inferior vena cava in BPC 157-treated rats (B), but not in the controls (C).

preservation of architecture and scattered lymphocytes with little to no ischemic changes, and some reparatory changes of epithelium (Figure 11). Finally, in the lungs, control rats showed edema of the interstitium, substantial dilatation and congestion of capillaries in the alveolar septum, with few to many lymphocytes, while in BPC 157-treated animals, we found little to no edema of the interstitium, very few lymphocytes, and only mild capillary congestion (Figure 9). In addition, as expected, no morphological changes were found in the myocardium due to the fact that changes found on ECGs were the result of acute right ventricular overload (data not shown).

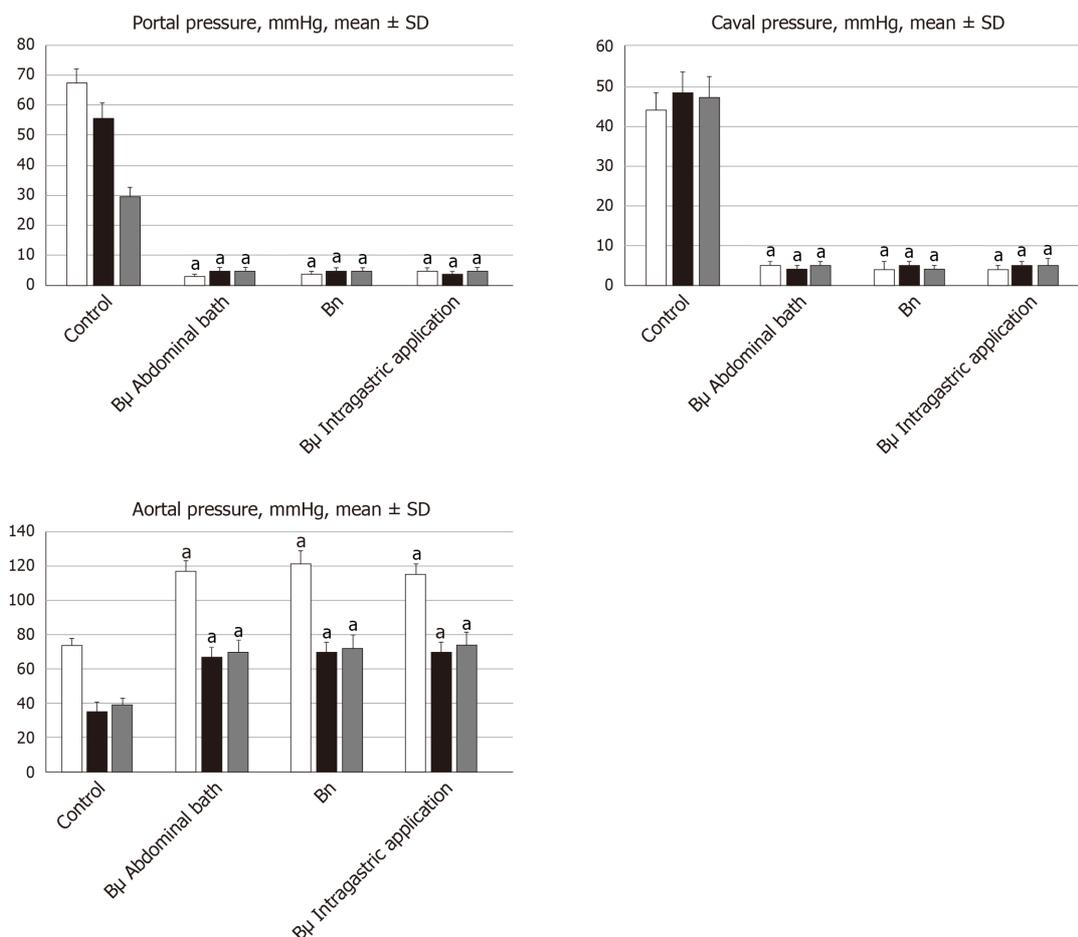
## DISCUSSION

We adopted that regardless of cause, Budd–Chiari syndrome hepatic venous outflow obstruction can be located anywhere from the small hepatic veins until the entrance of the inferior caval vein into the right atrium<sup>[1,2]</sup>, as originally suggested<sup>[1,2]</sup>. Thereby, with the suprahepatic occlusion of the inferior caval vein, which was complete (and thereby, abrupt initiation), and its manifestations, as a model of the BCS in rats<sup>[2-7]</sup>, and recovery in the BPC 157-treated rats, we extended evidence from previous vascular occlusion studies<sup>[21-25]</sup>. As a new point, BPC 157 therapy rapidly activated bypassing pathways a caval shunt (inferior vena cava-azygos vein-superior vena cava shunt) or a portocaval shunt (portal vein-superior-inferior mesenteric vein-rectal vein-inferior vena cava). Severe post-hepatic portal hypertension and caval hypertension was eliminated (and aortal hypotension as well), by BPC 157 given at 15 min, 24 h or 48 h, appearing to be successful as a deep vein thrombosis and ischemic/reperfusion therapy<sup>[21-25]</sup>.

By contrast, in the control Budd-Chiari-rats, the failed vena cava shunt (*i.e.*, azygos vein) ineffectively competes against resolving the condition of rats, with severe portal hypertension (> 60 mmHg) and caval hypertension (> 70 mmHg in the later period). A gradient of at least 15 mmHg as portal hypertension reflects a decrease in regular venous return to the heart and failure of spontaneous decompression of the portal system. These disturbances might be more than in humans, with the persistence of the left superior vena cava, the azygos vein on the left of the aorta and vertebral column, and the hemiazygos vein likely lacking<sup>[33]</sup>. For example, there is the higher range of this portal hypertension versus the long-lasting portal hypertension in rats drinking alcohol (> 25 mmHg)<sup>[26]</sup> or from bile duct ligation-induced liver cirrhosis (> 18 mmHg)<sup>[25]</sup>. Likewise, there is a higher range of caval hypertension versus inferior vena cava infrarenal occlusion-induced caval hypertension (> 25 mmHg)<sup>[21]</sup>. Severe aortal hypotension was not compensated, but progressed, unless BPC 157 was given.

Thus, the therapy effect overrode the high resistance to the therapy, which had to be more than the portal vein-stenosis with the slow progression of mild portal hypertension in rats (< 20 mmHg)<sup>[34-36]</sup>. Therefore, counteraction of the described abrupt BCS necessitated the pleiotropic beneficial effects of treatments such as BPC 157 that might be advantageous to counteract the whole syndrome, as previously reviewed<sup>[8-20]</sup>.

Thereby, there were in particular beneficial effects on the liver, including on portal hypertension, and on the intestinal tract<sup>[26-32]</sup>, lung<sup>[37-39]</sup>, thrombosis<sup>[21,40]</sup>, venous<sup>[21]</sup> and arterial<sup>[40]</sup>, and heart disturbances<sup>[41-45]</sup>, free radicals formation<sup>[46-49]</sup> and free radical-

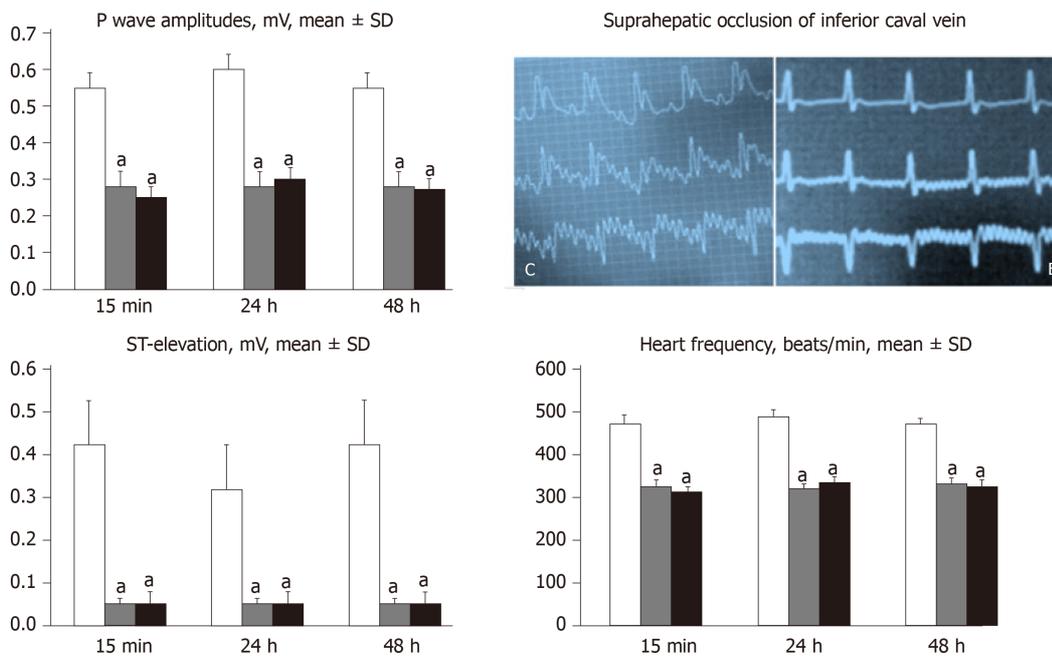


**Figure 2 Antagonizing effect of BPC 157 on portal and caval hypertension, and aortal hypotension.** Portal, caval and aortal pressure (mmHg), mean  $\pm$  SD. For portal vein, vena cava, and abdominal aorta pressure recordings, medication of BPC 157 [10  $\mu$ g/kg (B $\mu$ g), 10 ng/kg (Bng)] or saline (5 mL/kg; control) was applied in rats intragastrically or as an abdominal bath, at 15 min (white bars), 24 h (black bars) or 48 h (gray bars) post-ligation. <sup>a</sup> $P < 0.05$  vs control.

induced lesions<sup>[46-50]</sup>. These appear in addition to the described effect on vessel recruitment<sup>[21-25]</sup>, with the azygos vein readily presented in BPC 157-treated rats compared to empty and tortuous examples in the controls (Figure 8).

For BPC 157-treated rats, in early and in late periods, the level of oxidative stress in the liver (MDA- and NO-levels, otherwise known to be increased and critical mediators of liver fibrosis<sup>[25]</sup>) was almost continuously within normal values as it was in rats with bile duct occlusion<sup>[25]</sup>. By contrast, along with previous studies<sup>[21-25,46-49]</sup>, in control livers, high MDA- and NO-values during suprahepatic occlusion of the inferior vena cava persisted (Figure 6). Control rats exhibited rapid clot formation, generalized thrombosis (in the portal vein, superior mesenteric vein, splenic vein, inferior vena cava, hepatic artery and cardiac artery; Figure 4), and ascites (consistently present in the early and late period; Figure 5). BPC 157-treated rats exhibited counteraction of these effects, with less venous and arterial clots (as stasis is eliminated or largely attenuated) and reduced ascites, as had previously been emphasized<sup>[21-25,40]</sup>.

In addition, controls presented with immediately peaked  $P$  values, significant ST-elevation and tachycardia, as identifiers of acute thrombotic coronary occlusion and right heart failure (Figure 3), and thereby, lung congestion (Figure 11). BPC 157-treated rats had the ECG disturbances completely abrogated, and less lung congestion. Therefore, the immediate presentation of adverse effects and the parallel therapeutic effects might suggest an essential cause-consequence chain of events of Budd-Chiari and BPC 157 in rats, and in particular, a relation to the liver as the prime organ affected<sup>[26-32]</sup> and failure of its circulation. All controls exhibited gross hemorrhagic lesion progression, hepatomegaly and splenomegaly (Figures 5 and 7), with gross bleeding in the stomach and duodenum, but also intestinal perforation, increased serum enzyme values (Figure 5), and a dilated central vein and terminal portal venules (Figure 9). This contrasted with the spared gross liver presentation, counteracted hepatomegaly and splenomegaly, reduced gross lesions in the stomach,

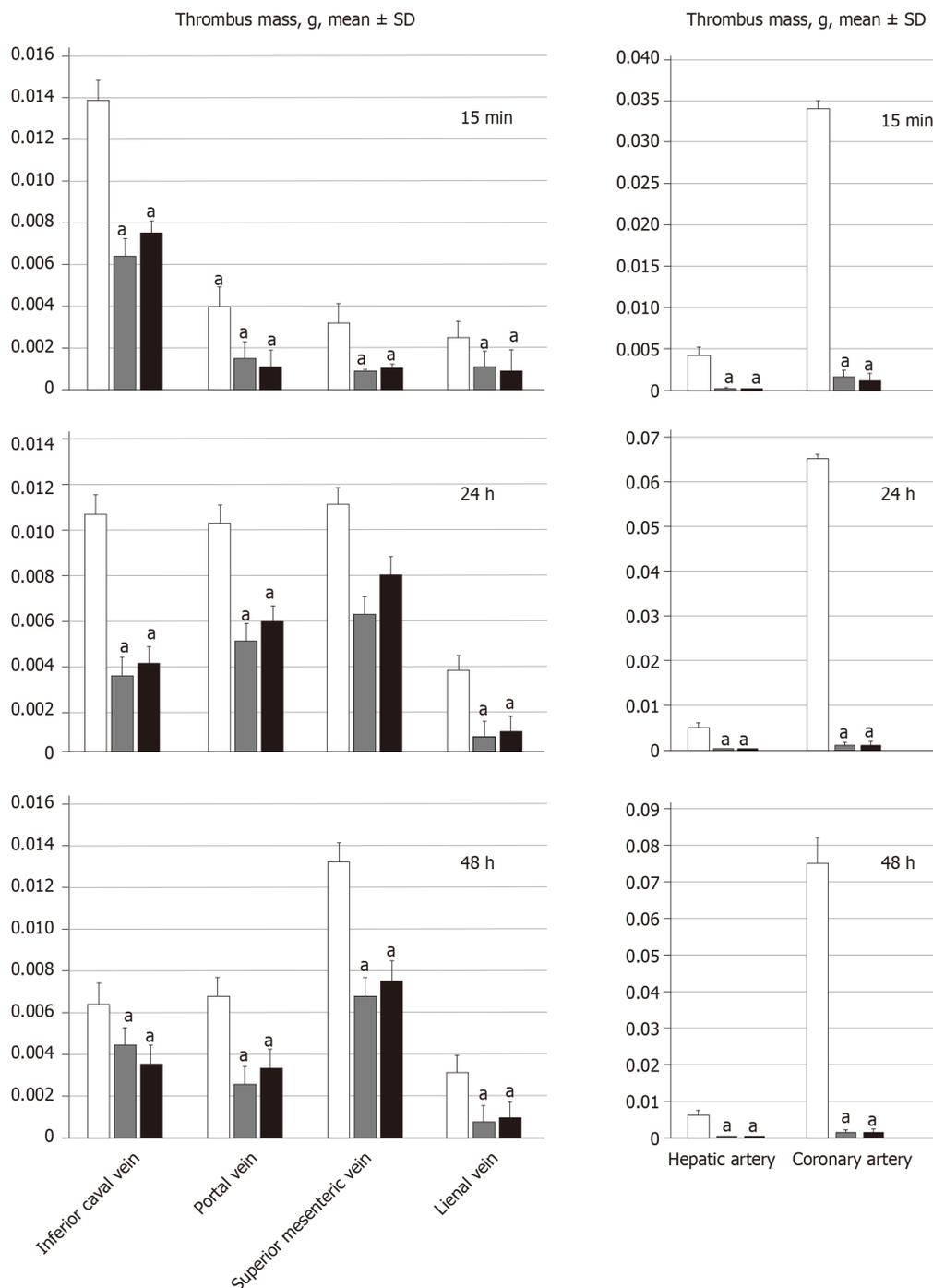


**Figure 3** Counteracting effect of BPC 157 in rats with a suprahepatic occlusion of the inferior vena cava on peaked P waves, sinus tachycardia, ST-elevation 15 min post-ligation [controls (C), BPC 157 rats (B)] and assessment at 15 min, 24 h and 48 h ligation-time, mean ± SD. Treatment with 10 µg/kg BPC 157 (gray bars), 10 ng/kg BPC 157 (black bars), or saline (1 mL/rat; white bars) as a bath administration given at 1 min post-ligation. <sup>a</sup>*P* < 0.05 vs control.

duodenum and intestine, lower serum enzyme values, and no congestion of the central vein or branches of the terminal portal venules in BPC 157-treated rats. In particular, hepatic artery patency might be essential, and indicative for the thrombosis counteraction in all of the investigated veins and arteries, which were investigated<sup>[21,40]</sup>. Note, hepatic artery perfusion could be essential for recovery from hepatic venous outflow obstruction in rats, pointed out when usually occurring after 70% hepatectomy and right median hepatic vein ligation, in which the role of hepatic artery inflow is of particular importance, in the condition likely even more severe than the obstruction of the hepatic veins by ligation of the upper part of inferior caval vein<sup>[51]</sup>.

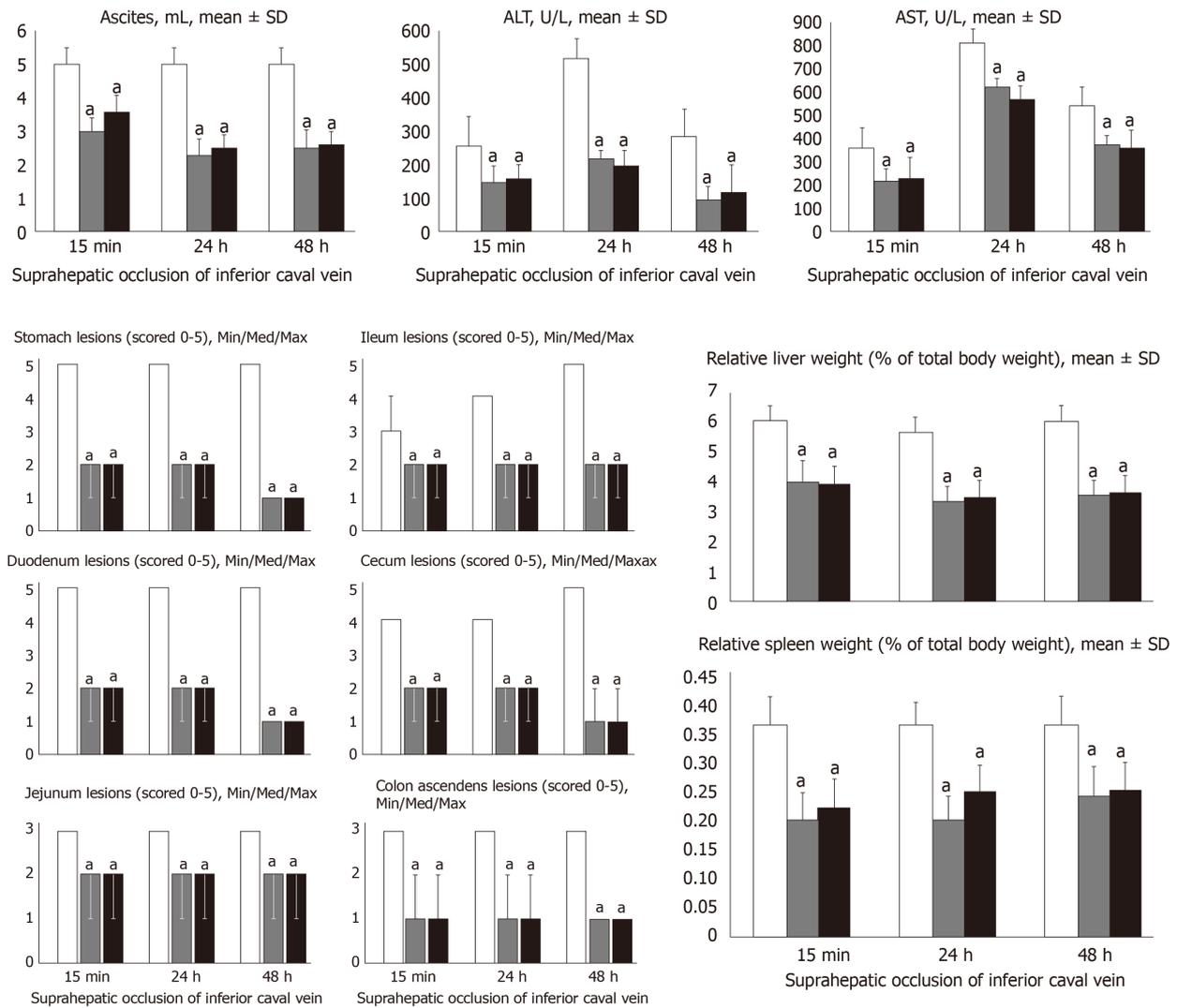
Besides, BPC 157 therapy effects described in rats with bile duct cirrhosis and portal hypertension resulted in much less Ki-67- and alpha smooth muscle actin ( $\alpha$ -SMA) staining, counteracted disturbed cell proliferation and cytoskeletal structure in hepatic stellate cells, and showed a less disturbed collagen presentation, and thereby, less Mallory staining, and more hepatocytes where fewer had double nuclei<sup>[25]</sup>. In the course of this cholestatic model of liver injury<sup>[25]</sup>, BPC 157 also counteracted all characteristic structural, biochemical, and hemodynamic disturbances, with portal hypertension either not developed, portal pressure remaining normal (BPC 157 prophylactic regimen) or portal hypertension rapidly reversed (delayed post-treatment). In addition, further consideration might be given to the counteraction of increased liver values of interleukin-6, tumor necrosis factor alpha and interleukin-1 $\beta$ <sup>[25]</sup>, and the relation with counteracted tumor cachexia<sup>[18]</sup>, muscle wasting, increased pro-cachectic and pro-inflammatory mediators, and changes in the expression of forkhead box O3, phosphorylated protein kinase B, phosphorylated mammalian target of rapamycin, and phosphorylated glycogen synthase kinase 3 $\beta$ <sup>[18]</sup>. This indicates the interaction of BPC 157 with several molecular pathways<sup>[52-58]</sup>, in particular with increased expression and internalization of vascular endothelial growth factor receptor 2 and the activation of the vascular endothelial growth factor receptor 2-Akt- endothelial NO synthase signaling pathway, without the need for other ligands or shear stress<sup>[54]</sup>.

Finally, there is a “honeycomb” smaller vessel network, which appears at the intestinal serosa, which was also noticed in rats with ischemic/reperfusion colitis<sup>[23]</sup>, duodenal venous congestion lesions<sup>[24]</sup>, or inferior vena cava occlusion<sup>[21]</sup>. Thus, the counteraction of hemorrhagic intestinal lesions, from the stomach to the ascending colon, occurs as a very rapid activation of a bypassing loop, thereby reducing portal hypertension. Otherwise, intestinal ischemia<sup>[59]</sup> appears as the final consequence of blood pooling in the splanchnic bed, inducing portal hypertension, and multivisceral edema, and mesenterial venous occlusion, could also induce intestinal injury as early as within 5 min. Both of these effects are inflow and outflow alterations<sup>[60]</sup>.



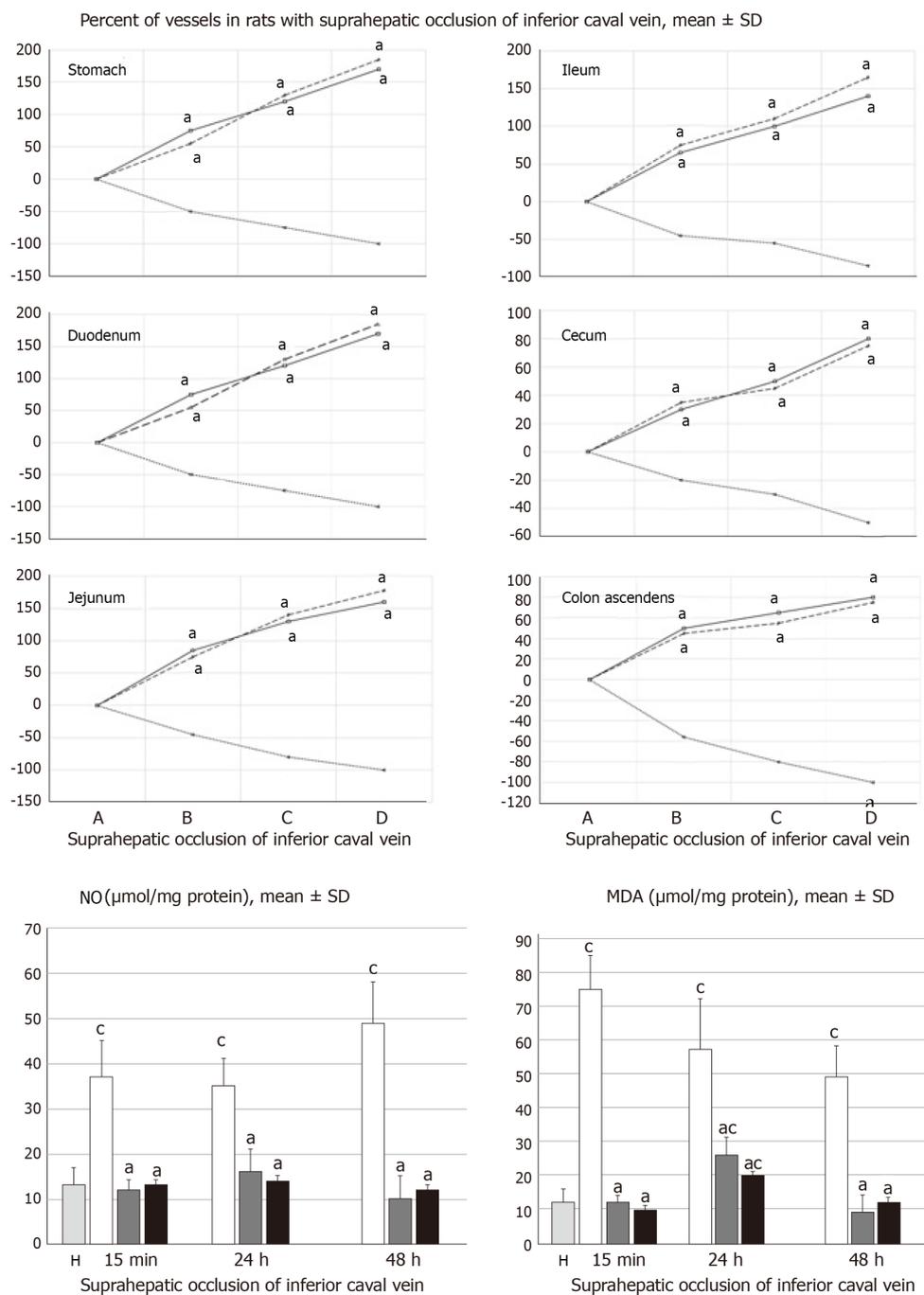
**Figure 4** BPC 157 attenuates thrombus presentation (thrombus mass, g) in veins (inferior vena cava, portal vein, superior mesenteric vein, and splenic vein, SV) and arteries (hepatic artery and coronary artery) following suprahepatic occlusion of the inferior vena cava. Assessment at 15 min, 24 h and 48 h post-ligation; mean ± SD. Treatment with 10 µg/kg BPC 157 (gray bars), 10 ng/kg BPC 157 (black bars), or saline (1 mL/rat; white bars) as a bath administration given at 1 min post-ligation. <sup>a</sup>P < 0.05 vs control.

Concluding, BPC 157 therapy (intra-gastric or abdominal bath, 10 µg/kg and 10 ng/kg dosages), using a previously described protocol<sup>[21-25]</sup>, could alleviate suprahepatic occlusion of the inferior caval vein, as model of the BCS in rats, activating bypassing pathways. BPC 157 likely counteracted Virchow's triad, as it did in rats with infrarenal inferior vena cava occlusion<sup>[21]</sup>. A particular effect on portal hypertension disturbances, by activation of bypassing pathways, might be envisaged that needs further elaboration. For example, BPC 157 might specifically interact with the NO-system, as previously reviewed<sup>[11,17]</sup>. In rats that received NO-agents, L-arginine methyl ester (L-NAME; a NOS blocker) or L-arginine (NOS-substrate), BPC 157 counteracted L-NAME-induced hypertension, as well as L-arginine-induced hypotension<sup>[61]</sup>. This effect appeared to counteract potassium overdose, severe



**Figure 5** BPC 157 counteracts ascites (mL), serum enzyme levels (U/L), hepatomegaly and splenomegaly (mean ± SD), stomach, duodenal, jejunal, ileal, cecal and ascending colon lesions (scored 0–5; Min/Med/Max), following suprahepatic occlusion of the inferior vena cava. Assessment at 15 min, 24 h and 48 h post-ligation. Treatment with 10 µg/kg BPC 157 (gray bars), 10 ng/kg BPC 157 (black bars), or saline (1 mL/rat; white bars) as a bath administration given at 1 min ligation. <sup>a</sup>*P* < 0.05 vs control.

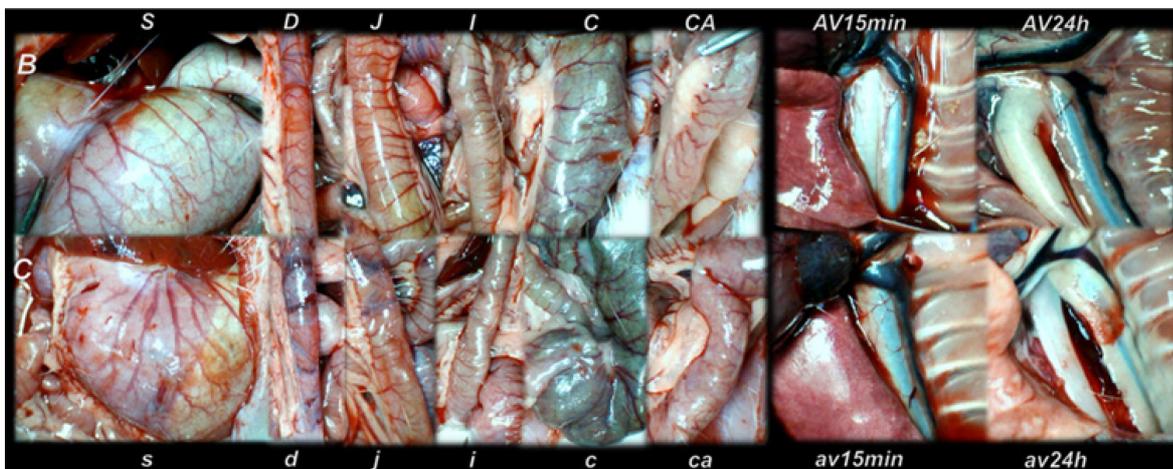
hyperkalemia arrhythmias and hypertension<sup>[41]</sup> or doxorubicin induced chronic heart failure and hypotension<sup>[43]</sup>. Finally, as a novel understanding of the cytoprotective mechanisms that are essential for its activity, as previously reviewed<sup>[8–20]</sup>, BPC 157 has recently been shown to increase the survival of cultured enteric neurons and the proliferation of cultured enteric glial cells; therefore healing of a damaged enteric nervous system might also contribute to the observed therapeutic effects<sup>[62]</sup>. These effects may together counteract a downward spiral in rats with BCS, in acute states, much as in prolonged ischemia.



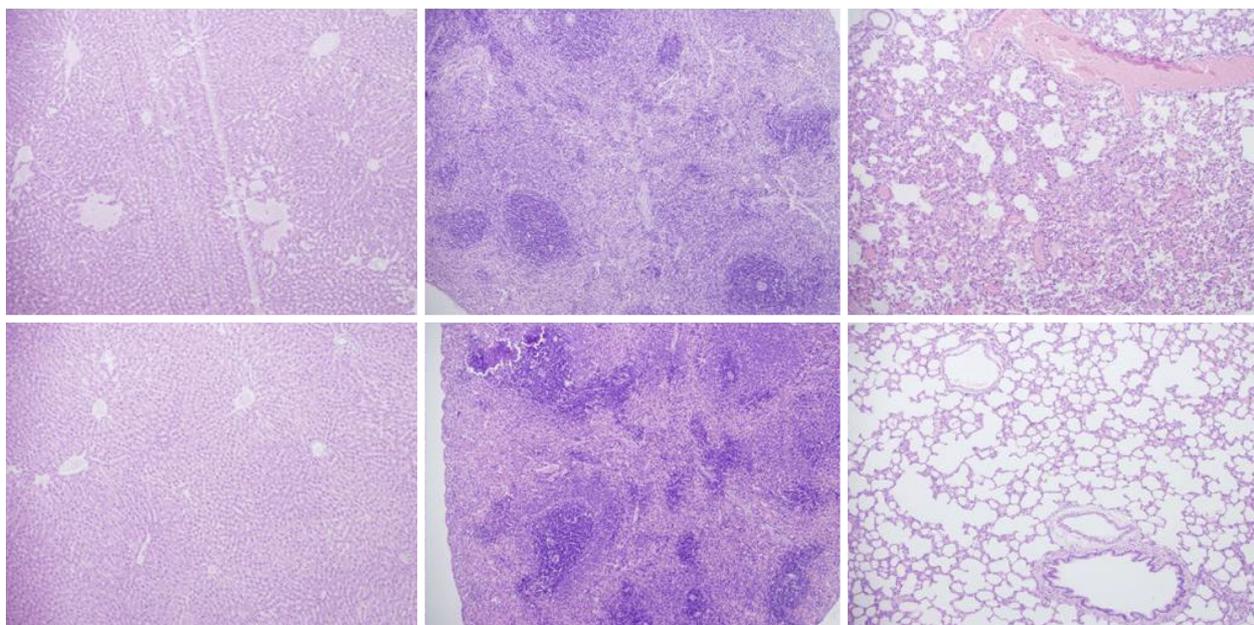
**Figure 6 BPC 157 improves vessel presentation following suprahepatic occlusion of the inferior vena cava (upper), and eliminates or attenuates increased nitric oxide and malondialdehyde levels (nmol/mg protein) in liver.** Vessels were assessed as to whether they were (filled or cleared out at the stomach, and between the arcade vessels on the ventral side for 1 cm long segments of duodenum, jejunum and ascending colon, and between 10 vessels from the proximal to distal cecum. Assessment was made throughout the experiment, with the point (A) immediately before therapy considered to be 100%, at selected time points before (A) and after therapy (B, C and D) in rats with suprahepatic occlusion of the inferior vena cava at 5 (B), 10 (C) and 15 (D) minutes post-ligation (mean ± SD). The gross appearance of the tissue was recorded using a USB microscope camera (upper). Counteraction of the increased nitric oxide and malondialdehyde levels in liver (lower) at 15 min, 24 h and 48 h post-ligation. Treatment with 10 μg/kg BPC 157 (gary bars), 10 ng/kg BPC 157 (black bars), or saline (1 mL/rat; white bars) as a bath administration given at 1 min post-ligation. <sup>a</sup>*P* < 0.05 vs saline; <sup>c</sup>*P* < 0.05 vs healthy liver (H). NO: Nitric oxide; MDA: Malondialdehyde.



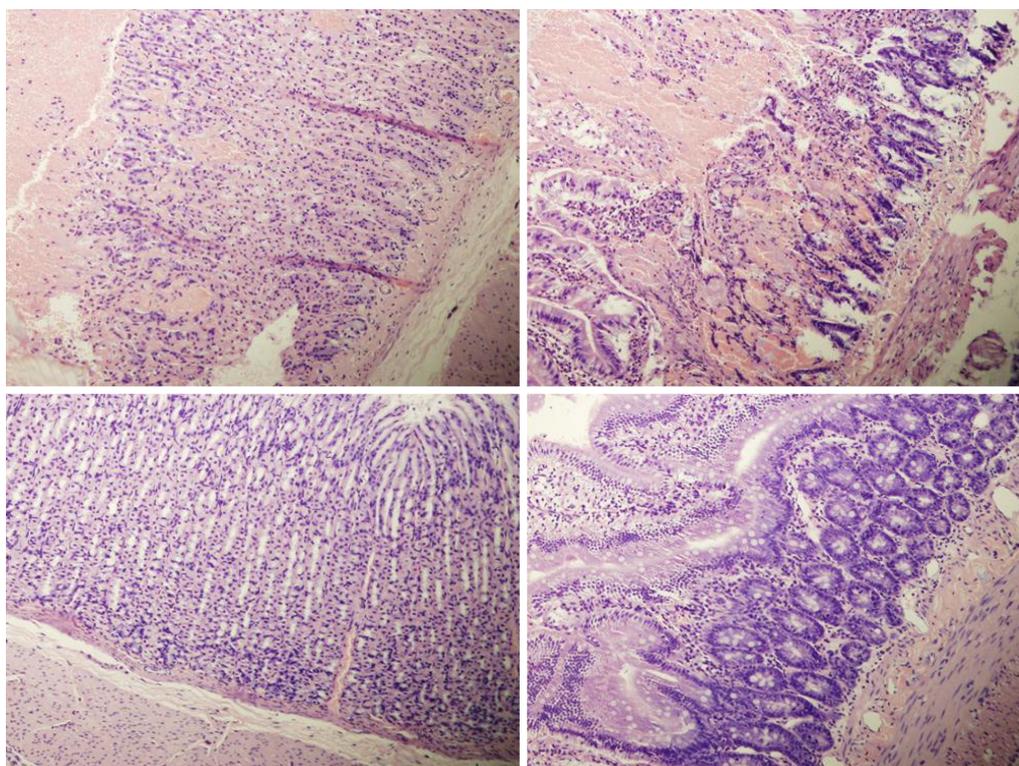
**Figure 7** Gross presentation of lesions (C) and lesions attenuation (B) in rats with suprahepatic occlusion of inferior vena cava. Lesions were assessed using a camera attached to a USB microscope (Veho Discovery Deluxe VMS-004), at 15 min (upper, a), 24 h (middle, b), and 48 h (low, c) post-ligation in the gastrointestinal tract. From left to right, the stomach, duodenum, jejunum, ileum, cecum and ascending colon on treatment with saline (C) or BPC 157 (B).



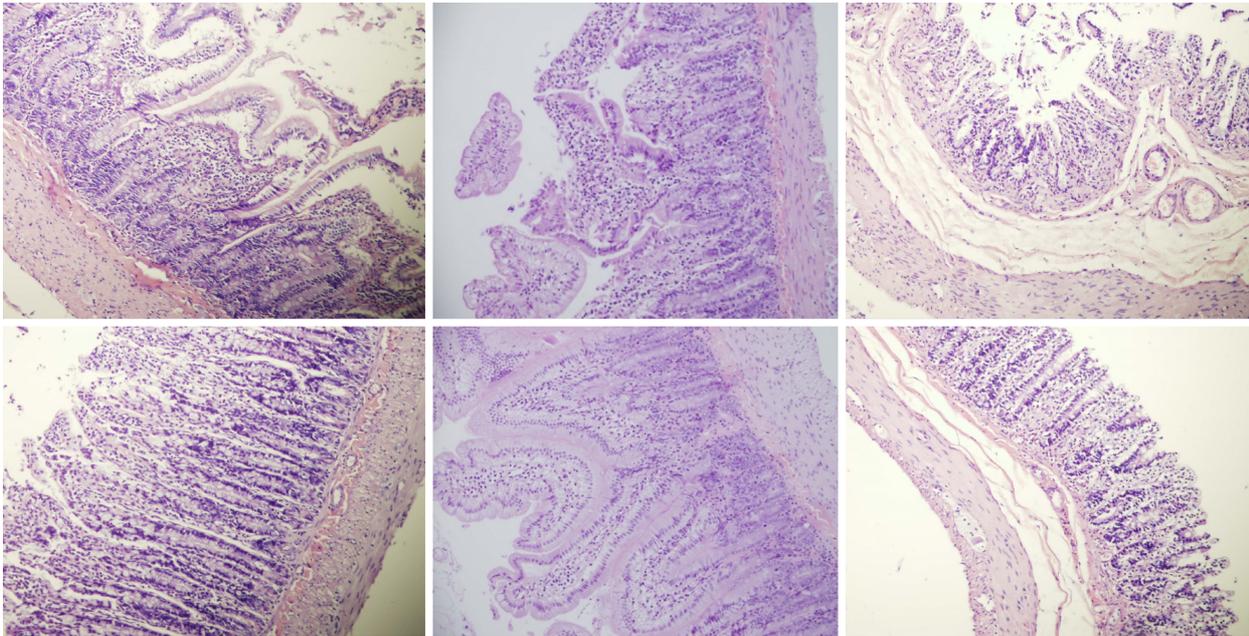
**Figure 8** Gross vessel presentation in rats treated with saline (C, small letters, lower) and improvement in rats treated with BPC 157 (B, capitals, upper). Assessments were made using a camera attached to a USB microscope (Veho Discovery Deluxe VMS-004) in the stomach (s/S), duodenum (d/D), jejunum (j/J), ileum (i/I), cecum (c/C) and ascending colon (ca/CA) of rats with suprahepatic occlusion of the inferior vena cava at 15 min post-ligation (left), and azygos vein presentation at 15 min (av15min/AV15min) and 24 h (av24h/AV24h) post-ligation (right).



**Figure 9** Histological presentation in rats with suprahepatic ligation of the inferior vena cava. Assessment (stained with hematoxylin-eosin, magnification x 10, scale bar: 50  $\mu$ m) was made at 48 h post-ligation, in controls (upper) and BPC 157-treated rats (lower), liver (left upper, control; lower, BPC 157), spleen (middle upper, control; lower, BPC 157), and lungs (right upper, control; lower, BPC 157). Note, the substantial congestion of the central vein, branches of the terminal portal venules, and sinusoidal dilatation in liver, sinusoidal congestion, dilatation and enlargement of red pulp leading to reduction of white pulp in spleen, edema of the interstitium, substantial dilatation and congestion of capillaries in the alveolar septum in lungs (upper), which were markedly counteracted in BPC 157-treated rats (lower).



**Figure 10** Histological presentation in rats with suprahepatic ligation of the inferior vena cava. Assessment (stained with hematoxylin-eosin, magnification x 10, scale bar: 50  $\mu$ m) was made at 48 h post-ligation, in controls (upper) and BPC 157-treated rats (lower), stomach (left upper, control; lower, BPC 157), duodenum (right upper, control; lower, BPC 157). Note, substantial congestion and dilatation of mucosal and submucosal capillaries, submucosal edema, ischemic changes, such as architectural distortion and foci of hemorrhage with fibrin deposition in controls (upper), which were markedly counteracted in BPC 157-treated rats (lower).



**Figure 11** Histological presentation in rats with suprahepatic ligation of the inferior vena cava. Assessment (stained with hematoxylin-eosin, magnification x 10, scale bar: 50  $\mu$ m) waste 48 h post-ligation, in controls (upper) and BPC 157-treated rats (lower), jejunum (left upper, control; lower, BPC 157), ileum (middle upper, control; lower, BPC 157), cecum (right upper, control; lower, BPC 157). Note, substantial capillary congestion with mild ischemic changes, loss of crypts with foci of haemorrhage, edema of the lamina propria and mild lymphocytic infiltration in controls (upper), which were markedly counteracted in BPC 157-treated rats (lower).

## ARTICLE HIGHLIGHTS

### Research background

Resolving the Budd-Chiari syndrome (BCS) in rats follows the evidence that pentadecapeptide BPC 157 therapy alleviated various vascular occlusion disturbances. Rapid activation of a bypassing loop rescues rats with inferior vena cava infrarenal ligation, relieving a Virchow's triad situation, much like in rats with ischemic/reperfusion colitis, duodenal venous congestion lesions, perforated cecum, bile duct ligation induced liver cirrhosis and portal hypertension. BPC 157 was previously reviewed as novel mediator of Robert cytoprotection and endothelium protection in the stomach, and gut-brain axis, beneficial therapy in gastrointestinal tract, with particular reference to vascular recruitment, ulcerative colitis and tumor cachexia, and other tissues healing.

### Research motivation

Against these obstructions, BPC 157 therapy rapidly activates an azygos/hemiazygos vein bypassing pathway, upgrading an inadequate rescuing inferior-superior vena cava shunt to an adequate one, as well as a portocaval shunt. With BCS in rats, both caval and portal hypertension, and aortal hypertension occurred and were largely eliminated by BPC 157 therapy. Likewise, BPC 157 therapy was shown in counteracting rapid clot formation in the portal vein, superior mesenteric vein, splenic vein, inferior vena cava, hepatic artery, and coronary artery, as well as peaked P waves, significant ST-elevation, tachycardia, gross organ lesions, and liver and spleen weight increases.

### Research objectives

Occluding the inferior vena cava cranially to the hepatic veins, regardless of some limitations, was used for the Budd-Chiari syndrome and its manifestation in rat. To make the even more severe circumstances, with the complete occlusion of the suprahepatic inferior caval vein, Budd-Chiari syndrome has abrupt disturbances initiation. Thereby, BPC 157 rapid effect with the organized bypassing of the occlusion and Budd-Chiari syndrome manifestation reversal, may provide pharmacotherapy treatment in the rat BCS.

### Research methods

In rats with occluded suprahepatic inferior caval vein, we assessed the activated bypassing pathways (inferior/superior caval veins; portocaval shunt), counteracted caval/portal hypertension, aortal hypotension, venous/arterial thrombosis, electrocardiogram disturbances, liver and gastrointestinal lesions (*i.e.*, stomach and duodenum hemorrhages, in particular, congestion), hepatomegaly and splenomegaly. Medication (at 1 min, 15 min, 24 h, or 48 h) ligation time consisted of 10  $\mu$ g/kg BPC 157, 10 ng BPC 157 or 5 mL/kg saline, administered once as an abdominal bath or intragastric application. Furthermore, levels of nitric oxide (NO), malondialdehyde (MDA) in the liver and serum enzymes were determined.

### Research results

The bypassing pathways (the inferior vena cava-azygos (hemiazzygos) vein-superior vena cava; portocaval shunt) occurred rapidly. BPC 157 antagonized portal/caval hypertension (caval portal hypertension), and aortal hypotension, refractory ascites and thrombosis (portal vein tributaries, inferior vena cava, hepatic and coronary arteries), pathology of the lungs (severe capillary congestion) and liver (dilated central veins and terminal portal venules), intestine hemorrhagic lesions (substantial capillary congestion, submucosal edema and architecture loss), increased liver and spleen weight serum and enzymes values, NO- and MDA-levels in the liver. BPC 157 counteracted increased P wave amplitude, tachycardia and ST-elevation, *i.e.*, right heart failure from acute thrombotic coronary occlusion.

### Research conclusions

Particular reversal of the regular threatening course otherwise arising in the rats with the occluded suprahepatic inferior caval vein. With application of the stable gastric pentadecapeptide BPC 157, we raised new hypothesis about rapid bypassing of the suprahepatic inferior caval vein occlusion in the BCS in rats, and mitigating its manifestations, along with the active and effective pharmacotherapy treatment. The beneficial BPC 157 effects, noted in the present study, may together counteract a downward spiral in rats with BCS, in acute states, much as in prolonged ischemia. In BCS research, rats studies used occluding the inferior vena cava cranially to the hepatic veins, but bypassing of the occlusion in the rat BCS along with pharmacotherapy treatment was not considered. BPC 157 therapy significance results with the rapidly activated azygos/hemiazzygos vein bypassing pathway, upgrading an inadequate rescuing inferior-superior vena cava shunt to an adequate one, as well as a portocaval shunt. Consequently, the BCS-rats presented both caval and portal hypertension, and aortal hypotension, largely eliminated by BPC 157 therapy. Largely attenuated consequent disturbances (rapid clot formation in the portal vein, superior mesenteric vein, splenic vein, inferior vena cava, hepatic artery, and coronary artery, as well as peaked P waves, significant ST-elevation, tachycardia, gross organ lesions, and liver and spleen weight increases) all together support this contention. We used gross (USB camera) and microscopic observations, venography, blood pressure and electrocardiogram assessment, bilirubin and enzyme activity, levels of NO, MDA in the liver and serum enzymes assessment. As combined methods, they are together new methods to determine description of the Budd Chiari syndrome in rats, and the significance of the activated bypassing pathways between the inferior and superior caval veins and portocaval shunt, counteracted caval/portal hypertension, aortal hypotension, venous/arterial thrombosis, electrocardiogram disturbances, liver and gastrointestinal lesions (*i.e.*, stomach and duodenum hemorrhages, in particular, congestion), hepatomegaly and splenomegaly. We should emphasize the rapidly activated azygos/hemiazzygos vein bypassing pathway presented as an adequate rescuing inferior-superior vena cava shunt along with a portocaval shunt, both caval and portal hypertension, and aortal hypotension largely eliminated. As mentioned above, largely attenuated consequent disturbances (rapid clot formation in the portal vein, superior mesenteric vein, splenic vein, inferior vena cava, hepatic artery, and coronary artery, as well as peaked P waves, significant ST-elevation, tachycardia, gross organ lesions, and liver and spleen weight increases) all together support this contention. Recently, as a possible therapy resolving solution for Budd Chiari syndrome in rats, pentadecapeptide BPC 157 therapy has been used in alleviating vascular occlusion disturbances. Rapid activation of a bypassing loop occurs in rats with an infrarenal ligation of the inferior vena cava, relieving a Virchow's triad situation, much like in rats with ischemic/reperfusion colitis, duodenal venous congestion lesions, perforated cecum, bile duct ligation induced liver cirrhosis and portal hypertension. BPC 157 therapy (intra gastric or abdominal bath, 10 µg/kg and 10 ng/kg dosages), using a previously described protocol, could alleviate suprahepatic occlusion of the inferior caval vein, as model of the BCS in rats, activating bypassing pathways. BPC 157 likely counteracted Virchow's triad, as it did in rats with infrarenal inferior vena cava occlusion. A particular effect on portal hypertension disturbances, by activation of bypassing pathways, might be envisaged that needs further elaboration.

### Research perspectives

The bypassing pathway of the inferior vena cava-azygos (hemiazzygos) vein-superior vena cava and portocaval shunt occurred rapidly. Even with severe caval/portal hypertension, BPC 157 antagonized portal and caval hypertension and aortal hypotension. Large extent of the consequent disturbances may verify the significance of the Budd Chiari syndrome in rats for the corresponding human condition. Likewise, the largely attenuated disturbances may indicate that the beneficial BPC 157 effects, noted in the present study, may likely counteract a downward spiral in the rats with the suprahepatic inferior caval vein ligation much like in the patients with BCS, as in prolonged ischemia. To further establish the proposed therapy solution for Budd Chiari syndrome, we continue research in this issue. Gross (USB camera) and microscopic observations, venography, blood pressure and electrocardiogram assessment, bilirubin and enzyme activity, levels of NO, MDA in the liver and serum enzymes as combined methods are best methods to determine description of the Budd Chiari syndrome in rats.

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