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Training in pediatric hepatology across Europe: a survey of the National Societies Network (2016-2019) of the European Society for Paediatric Gastroenterology, Hepatology and Nutrition

Alexandra Papadopoulou^a, Carmen Ribes-Koninckx^b, Maria Noni^a, Eleni Koutri^a, Maria-Vasiliki Karagianni^a, Sue Protheroe^c, Alfredo Guarino^d, Emmanuel Mas^e, Michael Wilschanski^f, Enriqueta Roman^h, Johanna Escherⁱ, Raoul I. Furlano^j, Carsten Posovszky^k, Ilse Hoffman^l, Gabor Veres^{†m}, Jiri Bronskyⁿ, Almuthe Christine Hauer^o, Duska Tjesic-Drinkovic^p, Maria Fotoulaki^q, Rok Orel^r, Vaidotas Urbonas^s, Aydan Kansu^t, Miglena Georgieva^u, Alastair Baker^{v#} and Deirdre Kelly[#]

University of Athens, Agia Sofia Children's Hospital, Athens, Greece; La Fe University Hospital, Valencia, Spain; Birmingham Women's & Children's Hospital, NHS Foundation Trust, Birmingham, United Kingdom; University of Naples Federico II, Naples, Italy; Children's Hospital, Toulouse University Hospital, Toulouse, France; Hadassah University Hospitals, Jerusalem, Israel; University Hospital Puerta de Hierro-Majadahonda, Madrid, Spain; Erasmus MC-Sophia Children's Hospital, Rotterdam, Netherlands; University Children's Hospital, Basel, Switzerland; University Medical Center Ulm, Ulm, Germany; Leuven University Hospital, Leuven, Belgium; University of Debrecen, Debrecen, Hungary; University Hospital Motol, Prague, Czech Republic; Medical University of Graz, Graz, Austria; University Hospital Center Zagreb, Croatia; Aristotle University of Thessaloniki, Thessaloniki, Greece; Ljubljana University Children's Hospital, Ljubljana, Slovenia; Vilnius University Clinic of Children's Diseases, Vilnius, Lithuania; Ankara University School of Medicine, Ankara, Turkey; Saint Marina University hospital, Varna, Bulgaria; King's College Hospital, London, United Kingdom

Abstract

Background The widely recognized burden of liver diseases makes training in pediatric hepatology (PH) imperative. The aim of this survey, which was part of a global survey on training in pediatric gastroenterology, hepatology and nutrition (PGHN) across Europe, was to assess the PH and liver transplantation (LT) infrastructure, staff and training programs in PGHN training centers.

Method Standardized questionnaires were collected from training centers via the presidents/representatives of the National Societies Network of the European Society for Paediatric Gastroenterology, Hepatology and Nutrition (ESPGHAN) from June 2016 to December 2019.

Results A total of 100 PGHN training centers participated in the survey (14/100 were national referral centers in PH and/or LT). Dedicated PH clinics were available in 75%, but LT clinics in only 11%. Dedicated beds for PGHN inpatients were available in 47/95 (49%) centers. Full-time or part-time specialists for PH care were available in 31/45 (69%) and 11/36 (31%) centers, respectively. Liver biopsies (LB) were performed in 93% of centers by: a PGHN specialist (35%); an interventional radiologist (26%); a pediatric surgeon (4%); or a combination of them (35%). Dividing the annual number of LBs in the centers performing LBs by the number of trainees gave a median (range) of 10 (1-125) per trainee. Transient elastography was available in 60/92 (65%) of centers.

Conclusions The survey highlighted the differences and shortcomings in PH training across Europe. ESPGHAN should take initiatives together with National Societies to ensure the acquisition of PH knowledge and skills according to the ESPGHAN curriculum.

An infographic is available for this article at: <http://www.annalsgastro.gr/files/journals/1/earlyview/2022/Infographic-Hepatology-training-paper.pdf>

Keywords Hepatology, children, training, pediatric gastroenterology, nutrition

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Introduction

Hepatobiliary diseases have a significant impact on pediatric patients. Therefore, trainees in pediatric gastroenterology, hepatology and nutrition (PGHN) should be familiar with their pathophysiological mechanisms and be fully engaged in their diagnosis and management [1,2] so that future pediatric gastroenterologists become independent, qualified and competent specialists in these diseases [3-5].

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Trainees should be exposed to a sufficient number of patients and a sufficient number of procedures and be able to develop and implement a plan for the diagnosis, management and treatment of patients with such diseases using a multidisciplinary approach [3-5]. The progressive maturation of pediatric hepatology (PH) has led to the determination of a hepatology-focused curriculum and educational content for PGHN training programs, as well as training requirements for those who wish to pursue further training in this specific area. The aim of our survey was to assess the PH-related infrastructure, staff and patient volumes of the various PGHN training centers across Europe.

Correspondence to: Alexandra Papadopoulou, Division of Gastroenterology and Hepatology, First Department of Pediatrics, University of Athens, Agia Sofia Children's Hospital, Thivon and Papadiamantopoulou, 11527, Athens, Greece, e-mail: office.alexandra.papadopoulou@gmail.com

^aDivision of Gastroenterology and Hepatology, First Department of Pediatrics, University of Athens, Agia Sofia Children's Hospital, Athens, Greece (Alexandra Papadopoulou, Maria Noni, Eleni Koutri, Maria-Vasiliki Karagianni); ^bPediatric Gastroenterology Unit, La Fe University Hospital, Valencia, Spain (Carmen Ribes-Koninckx); ^cBirmingham Women's & Children's Hospital, NHS Foundation Trust, Birmingham, United Kingdom (Sue Protheroe, Deirdre Kelly); ^dDepartment of Translational Medical Science, Section of Pediatrics, University of Naples Federico II, Naples, Italy (Alfredo Guarino); ^eUnit of Gastroenterology, Hepatology, Nutrition, Diabetes, and Inborn Errors of Metabolism, Children's Hospital, Toulouse University Hospital, Toulouse, France (Emmanuel Mas); ^fPediatric Gastroenterology Unit, Department of Pediatrics, Hadassah University Hospitals, Jerusalem, Israel (Michael Wilschanski); ^gPediatric Gastroenterology Unit, University Hospital Puerta de Hierro-Majadahonda, Madrid, Spain (Enriqueta Roman); ^hDepartment of Pediatric Gastroenterology, Erasmus MC-Sophia Children's Hospital, Rotterdam, Netherlands (Johanna Escher); ⁱDivision of Pediatric Gastroenterology and Nutrition, University Children's Hospital, Basel, Switzerland (Raoul I. Furlano); ^jDepartment of Pediatrics and Adolescent Medicine, University Medical Center Ulm, Ulm, Germany (Carsten Posovszky); ^kDepartment of Pediatric Gastroenterology, Leuven University Hospital, Leuven, Belgium (Ilse Hoffman); ^lPediatric Institute-Clinic, University of Debrecen, Debrecen, Hungary (Gabor Veres); ^mDepartment of Pediatrics, University Hospital Motol, Prague, Czech Republic (Jiri Bronsky); ⁿDepartment of Pediatrics, Medical University of Graz, Graz, Austria (Almuthe Christine Hauer); ^oUniversity Hospital Center Zagreb – Division for Pediatric Gastroenterology, Hepatology and Nutrition & University of Zagreb School of Medicine, Zagreb, Croatia (Duska Tjesic-Drinkovic); ^p4th Department of Pediatrics, Aristotle University of Thessaloniki, Thessaloniki, Greece (Maria Fotoulaki); ^qDepartment of Gastroenterology, Hepatology and Nutrition, Ljubljana University Children's Hospital, Ljubljana, Slovenia (Rok Orel); ^rVilnius University Clinic of Children's Diseases, Vilnius, Lithuania (Vaidotas Urbonas); ^sDivision of Pediatric Gastroenterology, Department of Pediatrics, Ankara University School of Medicine, Ankara, Turkey (Aydan Kansu); ^t2nd Department of Pediatrics, Saint Marina University hospital, Varna, Bulgaria (Miglena Georgieva); ^uPediatric Liver Center, King's College Hospital, London, United Kingdom (Alastair Baker)
Both DK and AB share the last authorship

Conflict of Interest: None

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Materials and methods

This study constitutes a subgroup analysis of a major project to examine the infrastructure, staffing, patient and procedure volume and organization of PGHN training in PGHN training centers across Europe. Questions related to PH and liver transplantation (LT) were included in the standardized questionnaires (Supplementary Appendix 1) created by the members (AP, AB and CRC) of the Executive Committee of the National Societies Group 2015-2017 of the European Society for Paediatric Gastroenterology, Hepatology and Nutrition (ESPGHAN) and sent to the presidents/representatives of the ESPGHAN National Societies, who distributed them to the heads of PGHN training centers in their countries and collected the responses. In countries where no official National Society representative participated in the survey (Italy, Portugal and Switzerland), a volunteer among ESPGHAN members from that country was asked to distribute and collect the questionnaires (Italy and Switzerland), or individual centers provided their data after direct communication with the study coordinators (Portugal). The project was approved by the ESPGHAN Council in 2016 and supported by ESPGHAN. It was implemented from 1 June 2016 to 31 December 2019. The manuscript was sent for review and constructive comments to the former ESPGHAN President, former Chair of the ESPGHAN Hepatology Committee and Public Affairs Committee, Professor of Pediatric Hepatology, DK.

Statistical analysis

Appropriate statistical analysis was performed with the use of IBM SPSS software. Descriptive statistics was performed to characterize study groups. Continuous data were tested for normality using the Kolmogorov-Smirnov test and graphical methods (histogram, Q-Q plot). For normally distributed variables, the Student's *t*-test was used to assess differences between groups, and the Mann-Whitney *U* test for skewed variables. For categorical data, the χ^2 test was used, or the Fisher exact test where data were not suitable for χ^2 testing. ANOVA or the Kruskal-Wallis test was used to test for differences in continuous variables among more than 2 groups, depending on the variables' distribution. Correlations among continuous variables were analyzed using Spearman's or Pearson's test, depending on the variables' distribution. Factors found to be statistically significant in univariate analyses were included in the multivariate analyses to identify independent associations, if any. All statistical analyses were performed with the statistical package SPSS Statistics 21 (SPSS, Inc., Chicago, IL, USA). Statistical significance at $P < 0.05$ will be assumed.

Results

A total of 100 training centers from 17 European countries, Turkey and Israel (Supplementary Appendix 2), participated in the survey. Seventy of these were national referral centers—43

in PGHN (Group 1), 14 in PH and/or LT (Group 2), and 13 in pediatric gastroenterology (PG; Group 3)—and 30 were regional referral centers. Thirty training centers were in the capital cities of the 19 countries: 29 were national referral centers (20 in PGHN, 4 in PH and/or LT and 5 in PG), while one was a regional referral center.

The age limit for patient care by most of these centers is 18 years. However, the center in Innsbruck cares for children up to the age of 16 years, while 2 centers (in Rome and Zagreb) care for patients up to the age of 21 years. Dedicated clinics for PH and/or LT were present in 68/91 (75%) centers: 49/64 (77%) of the national referral centers that answered the relevant question and 19/27 (70%) of the regional centers. Among the groups of national referral centers, dedicated clinics for PH and/or LT were present in 25/37 (68%) centers in Group 1, in 14/14 (100%) in Group 2 and in 10/13 (77%) in Group 3. However, dedicated clinics for LT were available in only 9/84 (11%) centers, 8 of which were national referral centers: 0/31 (0%) in Group 1, 7/12 (58.3%) in Group 2 and 1/12 (8%) in Group 3 (jointly with a national PH/LT referral center). Furthermore, dedicated clinics for PH and/or LT were present in 20/28 (71%) of the training centers established in European capitals that answered the relevant question.

Dedicated beds for pediatric gastroenterology and hepatology inpatients were available in 37/69 (54%) of the national referral centers that answered the relevant question in the total cohort, and in 10/14 (71%) of the national referral centers for PH. Full-time specialists for PH care were available in 31/45 (69%) of centers and part-time specialists in 11/36 (31%) of training centers (Table 1). Liver biopsies (LB) were performed in 85 training centers (Table 2). The performers of LBs in different training centers were the following: PGHN specialists in 35% of training centers, interventional radiologists in 26%, surgeons in 4%, and

a combination of them in 35% (Table 1). Transient elastography was available in 60/92 (65%) training centers (Table 1).

The annual number of procedures in the training centers of the total cohort is shown in Table 1. Annual numbers of LBs >100 were reported by 6 national referral centers for PH and LT (King's College Hospital, London, UK; Birmingham Children's Hospital, UK; Saint-Luc University Hospital, Catholic University de Louvain, Brussels, Belgium; Papa Giovanni XXIII Hospital, Bergamo, Italy; Woman Mother Child Hospital, Lyon, France; Schneider Children's Medical Center of Israel, Petah Tiqva, Israel). Ten LBs or fewer per year were reported by 61% of regional centers compared to 30% of national referral centers ($P=0.022$; Table 2). A multinomial logistic regression analysis showed that national PH referral centers were more likely to perform large numbers of LBs (51-100 or >100 liver biopsies per year) than any other centers ($P<0.001$; Table 2). No significant differences in procedure volume were found between training centers located in European capitals and other cities ($P=0.377$; Table 2). The annual procedural volume in the training centers of the total cohort, according to the number of outpatients, is shown in Table 3. Thirty-two of 85 (38%) training centers reported a low number (≤ 10) of LBs per year (Table 3). Low (≤ 10) annual numbers of LBs were reported by 60% of centers with less than 1500 outpatients per year, but also by 19% of those centers with the highest (>5000) annual numbers of outpatients (Table 3).

Dividing the total number of LBs performed at the training center per year by the number of trainees, the median (interquartile range, range) annual number of LB per trainee in the cohort of centers performing LBs, is 10 (5-28, 1-125). Significant differences were found between national referral centers and regional centers ($P=0.06$) and between different categories of training centers ($P=0.005$), with trainees in PH national referral centers having the greatest exposure to LBs.

Table 1 Availability of specialists for PH care, availability of transient elastography and liver biopsy operators in PGHN training centers

| Specialists | National referral centers in PGHN (n=43) | National referral centers in PH (n=14) | National referral centers in PG (n=13) | Regional centers (n=30) | Centers in European capitals (n=30) | Centers in other cities (n=70) |
|--|--|--|--|-------------------------|-------------------------------------|--------------------------------|
| Availability of full-time/part-time specialist for PH care | | | | | | |
| Full-time | 13/21 (62%) | 9/9 (100%) | 5/8 (63%) | 4/7 (57%) | 11/15 (73%) | 20/30 (67%) |
| Part-time | 5/16 (31%) | 3/6 (50%) | 1/7 (14%) | 2/7 (29%) | 4/9 (44%) | 7/27 (26%) |
| Liver biopsy operator | | | | | | |
| PGHN specialist only | 17/40 (43%) | 4/12 (33%) | 3/11 (27%) | 8/29 (28%) | 12/28 (43%) | 20/64 (31%) |
| Interventional radiologist only | 9/40 (22%) | 0/12 (0%) | 3/11 (27%) | 12/29 (41%) | 7/28 (25%) | 17/64 (27%) |
| Pediatric surgeon only | 3/40 (8%) | 0/12 (0%) | 0/11 (0%) | 1/29 (3%) | 2/28 (7%) | 2/64 (3%) |
| PGHN specialist and interventional radiologist | 6/40 (15%) | 5/12 (42%) | 2/11 (18%) | 6/29 (21%) | 4/28 (14%) | 15/64 (23%) |
| PGHN specialist and pediatric surgeon | 3/40 (8%) | 3/12 (25%) | 3/11 (27%) | 2/29 (7%) | 1/28 (4%) | 10/64 (16%) |
| Interventional radiologist and pediatric surgeon | 2/40 (5%) | 0/12 (0%) | 0/11 (0%) | 0/29 (0%) | 2/28 (7%) | 0/64 (0%) |
| Availability of transient elastography | | | | | | |
| Transient elastography | 24/39 (62%) | 9/13 (69%) | 8/11 (73%) | 19/29 (66%) | 15/25 (60%) | 45/67 (67%) |

PGHN, pediatric gastroenterology, hepatology and nutrition; PG, pediatric gastroenterology; PH, pediatric hepatology; The numerators indicate the number of centers that answered the corresponding question and the denominators indicate the total number of centers

Table 2 Annual numbers of liver biopsies performed at the PGHN training centers across Europe

| No of liver biopsies | National referral centers in PGHN (n=38/43) | National referral centers in PH (n=13/14) | National referral centers in PG (n=11/13) | Regional centers (n=23/30) | Centers in European capitals (n=24/30) | Centers in other cities (n=61/70) |
|----------------------|---|---|---|----------------------------|--|-----------------------------------|
| ≤10 | 12/38 (32%) | 0/13 (7.1%) | 6/11 (55%) | 14/23 (61%) | 8/24 (33%) | 24/61 (39%) |
| 11-50 | 20/38 (53%) | 5/13 (36%) | 5/11 (46%) | 9/23 (39%) | 10/24 (42%) | 29/61 (48%) |
| 51-100 | 3/38 (8%) | 5/13 (36%) | 0/11 (0%) | 0/23 (0%) | 3/24 (13%) | 5/61 (8%) |
| >100 | 3/38 (8%) | 3/13 (21%) | 0/11 (0%) | 0/23 (0%) | 3/24 (13%) | 3/61 (5%) |

The numerators indicate the number of centers that answered the corresponding question and the dominators indicate the total number of centers

PGHN, pediatric gastroenterology, hepatology and nutrition; PG, pediatric gastroenterology; PH, pediatric hepatology

Table 3 Annual procedural volume of liver biopsies performed by training centers according to the annual numbers of outpatients

| Annual No of outpatients | ≤10 | 11-50 | 51-100 | >100 |
|--------------------------|-------------|-------------|------------|------------|
| ≤500 (n=3*) | 3/3 (100%) | 0/3 (0%) | 0/3 (0%) | 0/3 (0%) |
| 501-1500 (n=12*) | 6/12 (50%) | 5/12 (42%) | 1/12 (8%) | 0/12 (0%) |
| 1501-3000 (n=28*) | 12/28 (43%) | 11/28 (39%) | 4/28 (14%) | 1/28 (4%) |
| 3001-5000 (n=24*) | 8/24 (33%) | 13/24 (54%) | 0/24 (0%) | 3/24 (13%) |
| >5000 (n=16*) | 3/16 (19%) | 8/16 (50%) | 3/16 (19%) | 2/16 (13%) |

*The numbers indicate the number of centers that answered the question about the center's outpatient volume per year and the annual number of liver biopsies performed

No significant differences were found between centers located in capital cities compared to other cities ($P=0.659$; Table 4).

We were interested in finding out if there are differences between countries in the frequency with which LBs are performed in the population aged 0-19 years. The number of LBs per 100,000 population aged 0-19 years performed annually by all training centers in countries where training centers are fully represented in the survey is shown in Fig. 1. The population aged 0-19 years is from the international database of the United States Census Bureau [6]. Although countries with a larger number of children aged 0-19 years reported a higher number of LBs ($r_s=0.714$; $P=0.047$), the number of LBs per 100,000 population aged 0-19 years did not correlate with the number of children per country ($r_s=-0.071$; $P=0.867$). We were also interested in knowing the procedural volumes of the major centers in each country among those participating in the survey, to identify potential training centers in each country and at a European level. The annual number of LBs performed by the PGHN centers with the largest procedural volumes among the participating centers in each country is shown in Fig. 2. Twelve of the 18 centers were pediatric liver transplant centers. The total number of PGHN specialists in the top 6 centers (i.e., those with the highest number of LBs) was 52 (37 fulltime), while it was 22 (13 fulltime) in the 6 centers with the lowest number of LBs and 38 (29 fulltime) in the 6 centers with a medium number of LBs. The centers with the highest numbers of procedures had a larger outpatient volume, as 5/6 (83%) of the top 6 centers reported >3000 outpatients per year (3/6, >5000), which was not the case for the centers with a medium or the lowest number of LBs, as only 2/6 (33%) of the centers with a medium number and 2/6 (33%) of centers with the lowest number of LBs have reported >3000 outpatients per year.

Discussion

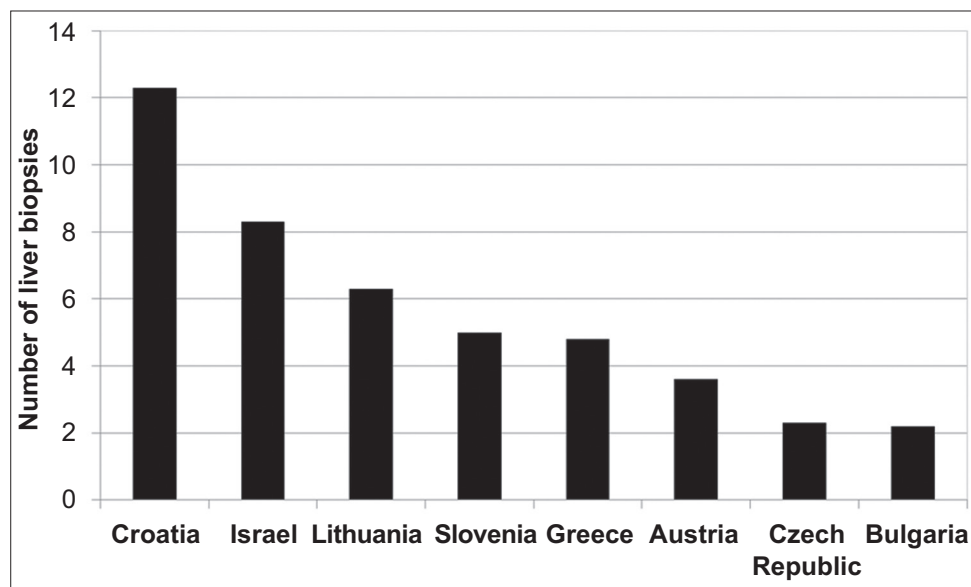
The survey shows that the infrastructure, staff, training program, patients and procedural volumes related to PH vary widely across PGHN training centers in Europe. Dedicated clinics for PH were present in 3/4 of the training centers, while dedicated clinics for LT were present in only one tenth. Full-time specialists to care for PH patients were reported by 2/3 of the training centers and part-time specialists by almost 1/3. Dedicated beds for pediatric gastroenterology and hepatology inpatients were reported by half of the training centers. The number of LBs varied considerably among the different training centers, as 38% of them performed 10 LBs or fewer per year, while 6 national reference centers for PH and LT performed more than 100 LBs per year. Trainees on fellowship at the latter centers were exposed to double to quadruple the number of LBs. The latter training centers also had the largest outpatient volumes, with 2/5 of them exceeding 5000 outpatients per year. In about 1/3 of the training centers LBs were performed only by PGHN specialists, in 1/4 only by interventional radiologists, while in about 1/3 LBs involved a combination of different specialists (PGHN, interventional radiologists or pediatric surgeons).

Williams *et al* highlighted the increasing burden of liver diseases and specific problems in hepatology training in the UK [7]. In 2013, the Hepatology Advanced Training Program was launched to provide clinicians with the opportunity to obtain a subspecialty certificate in hepatology, with only 20 posts available each year [8]. The PGHN training curriculum proposed by both ESPGHAN [3,4] and the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (NASPGHAN) [5] provides a broad knowledge of hepatobiliary diseases. In addition, NASPGHAN envisages

Table 4 Median (IQR; range) number of trainees in training centers performing liver biopsies and median (IQR; range) annual number of liver biopsies per trainee

| Center | No of trainees (median IQR; range) | No of LBs per trainee (median IQR; range) | P-value |
|---|---------------------------------------|--|-----------------------|
| National referral center (n=70) | 2 (1-5; 0-10) | 13* (6-33; 1-125) | |
| Regional center (n=30) | 2 (1-3; 0-10) | 10** (5-13; 2-20) | * vs. ** 0.06 |
| National referral center in PGHN (n=43) | 2 (1-3; 1-6) | 10^ (5-30; 1-83) | |
| National referral center in PH (n=14) | 2 (1-2; 0-5) | 38^^ (28-70; 3-125) | |
| National referral center in PG (n=13) | 2 (1-5; 0-10) | 8^^^ (5-15; 3-20) | ^ vs. ^^ vs. ^^ 0.005 |
| Centers in capitals (n=30) | 2 (1-5; 1-10) | 13# (6-31; 1-83) | |
| Centers in other cities (n=70) | 2 (1-2; 0-7) | 10## (5-20; 2-125) | # vs. ## 0.659 |

IQR, interquartile range; PGHN, pediatric gastroenterology, hepatology and nutrition; PG, pediatric gastroenterology; PH, pediatric hepatology; LBs, liver biopsies

**Figure 1** Annual number of liver biopsies per 100,000 population aged 0-19 years [7] in countries with full representation of the pediatric gastroenterology, hepatology and nutrition training centers

a special PH fellowship program to improve expertise in pediatric PH and LT [5].

There is reportedly a variety of training opportunities in hepatology in the UK, even for adult specialists [9], and the Lancet Commission proposed the establishment of dedicated liver centers in district general hospitals to improve training in this important area [7]. Early identification of training fellows interested in hepatology can provide future specialists with the necessary knowledge, experience and skills to provide the best possible care to patients with hepatobiliary diseases [10,11].

Our survey showed that the age range of the children cared for by the different centers varied: it ranged from 16 years in Innsbruck to 21 years in Rome and Zagreb PH and LT centers. However, it is common knowledge that patients with chronic diseases need medical care into adulthood. Health care transition should be understood as a targeted, planned transition of adolescents with chronic diseases from a child-centered to an adult-centered healthcare system [12], taking into account that this particular

patient age group is at high risk for developmental and psychosocial problems. A successful transition program can limit some of the psychosocial effects of chronic illness by improving self-efficacy and autonomy, as well as treatment adherence [13-15].

Furthermore, differences in the number of procedures per 100,000 population aged 0-19 years were evident between countries, with Croatia reporting the highest number of LBs, while the Czech Republic and Bulgaria report the lowest, although the reasons for these differences are not known. The ESPGHAN Position Paper on LB [16] describes the clinical indications for performing LBs to diagnose liver disease. However, implementation of the guidelines in clinical practice is not always possible. Strategies are needed to improve the adoption, implementation and sustainability of guidelines. At the same time, the most important criterion by which aspects of medical care should be measured is disease outcome, which was outside the scope of this survey, with improvement in outcomes following a particular intervention being the real benefit.

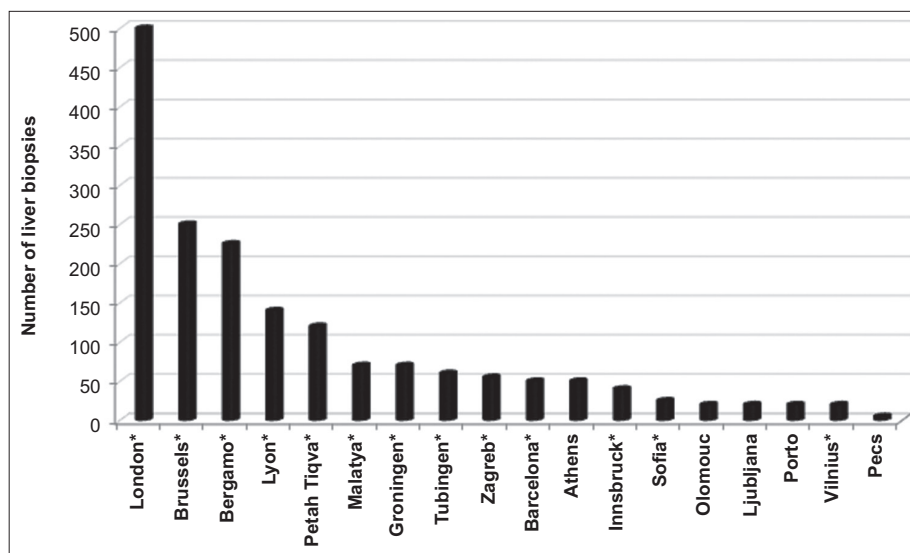


Figure 2 Annual number of liver biopsies performed by the pediatric gastroenterology, hepatology and nutrition center with the largest procedural volume amongst participating centers in each country. The centers shown in the figure are the following: London (King's College Hospital); Brussels (Saint-Luc University Hospital); Bergamo (Papa Giovanni XXIII Hospital); Lyon (Woman Mother Child Hospital); Petah Tiqva (Schneider Children's Medical Center of Israel); Malatya (Inönü University Faculty of Medicine); Groningen (University Medical Center Groningen); Tübingen (University Children's Hospital, Tübingen); Zagreb (University Hospital Center Zagreb); Barcelona (Vall d'Hebron University Hospital); Athens (Agia Sofia Children's hospital); Innsbruck (Innsbruck Medical University); Sofia (Ivan Mitev Specialized Hospital for Active Treatment of Children's Diseases); Olomouc (Olomouc University Hospital), Ljubljana (Ljubljana University Medical Center); Porto (São João University Hospital); Vilnius (Vilnius University Hospital Santaros Klinikos); Pécs (Pécs University Medical School). (*) Centers with pediatric liver transplant programs

Regarding training, there are currently no universally accepted recommendations for the training and experience required to qualify a person to perform LBs. The American Association for the Study of Liver Disease recommended a minimum of 40 LBs under supervision [17], while NASPGHAN recommended a minimum of 20 LBs performed independently, of which half should be in infants and children aged <3 years [18]. A similar number of LBs was also recommended by the American Gastroenterology Association in "Training the Gastroenterologist for the Future" [19]. A minimum number of 50 procedures was recommended by the British and Irish Committee on Higher Medical Training [20]. The effect of the experience of the person performing LBs on the adequacy of the obtained liver tissue and on complication rate is poorly defined [21]. An audit carried out by the British Society of Gastroenterology in 1991 reported a slightly higher incidence of complications if the operator had performed <20 LBs compared with >100 (3.2% vs. 1.1%) [22]. Regarding the ability to obtain adequate tissue, one report claimed that physician assistants who observed 10 LBs, practiced on inanimate objects, and then performed 30 LBs under supervision were able to obtain adequate tissue in 99.1% of attempts after a single pass and in 99.8% after 2 passes, with a mean tissue length of 3.2 cm [23]. Another report claimed that, in a series of 101 LBs performed independently by a hepatologist with no prior experience in ultrasound diagnostics, after observing 64 LBs performed by a certified ultrasound technician, no differences in complication rate or in adequacy of the obtained liver tissue were found [24]. The authors of the Position Paper on LB of the ESPGHAN Hepatology Committee suggested that a minimum of 20 LBs should be performed under supervision [16]. Based on the above,

it is reasonable for low procedure volume training centers to work with larger centers within a clinical network. Clinical networks provide opportunities for multidisciplinary team meetings between doctors, surgeons and other professionals, audits and other quality improvement activities, data management, shared information technology protocols and research [25]. They provide access to specialized care, regardless of where patients live, and ensure that access to specialist advice is available by telephone 24/7. Specialist hepatology services and training in hepatology are provided in the UK by 3 leading specialist centers in Leeds, Birmingham and London [25]. Access to these services is by direct referral from primary or secondary services or by referral from the specialist gastroenterology service. Shared care is provided through network arrangements, including outreach clinics organized in close collaboration with local and specialist pediatric consultants, offering joint consultations and agreed local investigations and treatment.

This study had a number of limitations, such as the cross-sectional study design and the variability of the response rate, as there were countries where PGHN training centers were fully represented (Austria, Bulgaria, Czech Republic, Croatia, Greece, Israel, Lithuania and Slovenia), while other countries such as Germany and Turkey had limited representation, as only a few centers participated in the survey. However, the greatest value of this survey is that this first collaborative work of the ESPGHAN National Societies provides the largest set of data on the infrastructure, staffing, number of procedures and training programs in PH across Europe, identifying discrepancies that can help ESPGHAN, together with the National Societies, to develop actions to fill the identified gaps to achieve excellence in training and medical care across Europe.

In conclusion, this survey showed clear differences and deficits in terms of PH infrastructure, staff, patient and procedure volumes, and thus training opportunities, between PGHN training centers across Europe. ESPGHAN, together with the National Societies, should take initiatives for a well-structured training program according to the ESPGHAN curriculum, supporting the rotation of trainees to referral centers with large patient and procedure volumes and their participation in training courses and schools, as well as for developing competence assessment and accreditation measures where these are lacking.

Summary Box

What is already known:

- The goal of the training program in pediatric hepatology is to provide excellent clinical and research training, so that pediatric gastroenterologists become independent, qualified and competent specialists in liver diseases

What the new finding is:

- Major differences exist in the infrastructure, staff, training programs, patients, and procedural volumes, between pediatric gastroenterology, hepatology and nutrition training centers across Europe

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Supplementary material

Supplementary Appendix 1

Questionnaire

EUROPEAN SURVEY ON PEDIATRIC GASTROENTEROLOGY, HEPATOLOGY AND NUTRITION TRAINING CENTERS

Name of the Training Center

City:..... Country:.....

Contact Person: Name

Position:.....

e-mail:

Information on Training Programs

Does the Center provide:

- full training in pedGHN Y N number of training places
- training only in gastroenterology Y N number of training places ()
- training only in hepatology Y N number of training places ()
- training in nutritional care Y N number of training places ()
- training in research techniques Y N number of training places ()
- Is research mandatory in training? Y N but strongly recommended
- training in pancreatic diseases Y N number of training places
- training in metabolic diseases Y N number of training places
- training in transplantation Y N number of training places
- training in nutritional failure Y N number of training places
- Maximum number of trainees in post at any given time:

Does your department have a training lead? Y N

Does your department have training links/relationships with other departments? Y N

Does your department have a training curriculum? Y N

Minimum duration of training:....

Which formal body certifies your trainees as competent?.....

Please summarise how trainees are assessed

Global assessment + technical skills + personal project (presentation and publication)

GENERAL DATA

Is it a National Referral Center for PGHN

For all GI specialities Y N

Only for specific subspecialties Y N ,

which one(s).....

Is it a Regional Referral Center for PGHN Y N

Cut off age range for Chronic Gastro Hepatology diseases in the Center

12y 14y 16y 18y 21y

Population served:.....

Number of Specialists: Full Time:..... Part time:.....

How many only Gastro: Full Time:..... Part time:.....

How many only Hepatology: Full Time:..... Part time:.....

How many only Nutrition/Metabolic Diseases: Full Time: Part time:.....

How many only Endoscopy: Full Time:..... Part time:.....

How many others subspeciality Full Time: Part time:.....

Special separate Clinic for:

IBD Y N

Motility Y N

Nutrition/Metabolic Y N

Cystic Fibrosis/Pancreas Y N

Hepatology/Liver transplantation Y Hepatology Yes;

Liver transplantation No N

Others (Name.....)

ACTIVITY

Number of out patients attended per year (1st visit & follow up visits)

< 500 501-1500 1501-3000 3001-5000 >5000

Number of in patients consultations offered per year

< 500 501-1500 1501-3000 >3000

PGHN in patients have: specific separate beds General pediatrics beds

EMERGENCIES

The GHN Unit covers pedGI Emergency on-call: Y N

< 7 days/month 8-14d/m 15-21 d/m daily

Is there a formal on-call roster? Y N

The trainees participate in the Emergency calls Y N

Are you on-call voluntarily Y N Everybody must participate to the on-call

PROCEDURES & TECHNIQUES

ENDOSCOPY

Endoscopy Unit

Free Access: Y N

Separate Suite attached to the GI training center: Y N
Attached to the Adults Endoscopy Unit: Y N
Specialised Endoscopy Nurses: Full Time:... Part time:..
Are they AHP-ESPGHAN members Y N

Procedures: Diagnostic endoscopy Y N
Therapeutic endoscopy: Polypectomy Y N
Removal of foreign bodies Y N
Gastrostomy placement Y N
Balloon dilatation Y N
Banding, Clips, sclerotherapy Y N
ERCP Y N (done by the adult GI)

Who performs the therapeutic endoscopy?
Pediatric Gastroenterologist
Pediatric Surgeon
Adult Gastro/Endoscopist
Other

Number of procedures per year
Diagnostic endoscopy Upper GIT: total/year:..
Diagnostic endoscopy Lower GIT: total/year:..
Therapeutic endoscopy: total/year: 30
Anaesthetists involved Y N

Video capsule performed: Y N total number/year:.....

OTHER TECHNIQUES

Motility Techniques:
pH/monitoring Y N total number/year:..
pH/Impedance: Y N total number/year:..
Standard Manometry: Y N total number/year:..
High Resolution Manometry: Y N total number/year:..

Who performs the Motility Techniques?
Pediatric Gastroenterologist
Pediatric Surgeon
Adult Gastro
Other

Specialised Endoscopy Nurses: Full Time:... Part time:..
Are they AHP-ESPGHAN members Y N

Liver Biopsy
Y N total number/year:..
Who is involved:
Pediatric Hepatologist
Pediatric Surgeons
Interventional radiologist
Other

Imaging Techniques
Fibroscan Y N
Other (specify).

Dietitians or doctors trained in nutrition attached to the GHN Unit:
Y N Full Time: Part time:..
Are they AHP-ESPGHAN members Y one N one

Other Specialists attached to the GHN Unit:
Dietitians
Pharmacists
Specialized Nurses
Administrative staff

Home Parenteral Nutrition Program

Y N <5/year 5-10/year > 10/year

Home Enteral (tube feeding) Nutrition Program

Y N <5/year 5-10/year > 10/year

Research Activities

Has your Unit a recognised Research Activity Program Y N
attached to the Unit
attached to other Research groups
Does your unit have research laboratories (wet labs) Yes

Additional Comments or clarification:

.....
.....

Supplementary Appendix 2 List of participating training centers in pediatric gastroenterology, hepatology and nutrition

| Country | City | Center | Head of the GI Unit |
|----------------|---|---|-------------------------------|
| Austria | Graz | Medical University of Graz | Almuthe Christine Hauer |
| | Innsbruck | Medical University of Innsbruck | Thomas Müller |
| | Vienna | Medical University of Vienna | Wolf-Dietrich Huber |
| Belgium | Liège | MontLégia CHC Clinic | Colinet Stephanie |
| | Leuven | Leuven-Gasthuisberg University Hospital | Ilse Hoffman |
| | Brussels | Saint-Luc University Hospital | Etienne Sokal |
| | Ghent | Ghent university hospital | Myriam Van Winckel |
| | Brussels | Reine Fabiola University Hospital | Patrick Bontems |
| Bulgaria | Sofia | Sofia Specialized hospital for active treatment of child diseases Ivan Mitev | Elena Lazarova |
| | | Acibadem city clinic Tokuda Hospital | Kalin Lisichki |
| | Varna | St Marina University Hospital for active treatment | Miglena Georgieva |
| Croatia | Zagreb | Children's Hospital Zagreb | Sanja Kolaček |
| | | University Hospital Center Zagreb | Jurica Vuković |
| | | 'Sestre Milosrdnice' University Hospital | Orjena Žaja |
| | Rijeka | Rijeka University Hospital | Goran Palčevski |
| Czech Republic | Prague | Pediatric Gastroenterology Unit, Department of Pediatrics, University Hospital Motol and Charles University | Jiri Bronsky |
| | | Pediatric Gastroenterology Unit, Department of Pediatrics, General University Hospital and Charles University | Pavel Fruhauf, Peter Szitanyi |
| | Olomouc | Pediatric Gastroenterology Unit, Department of Pediatrics, University Hospital Olomouc and Palacký University | Eva Karaskova |
| France | Le Kremlin-Bicêtre | Pediatric liver disease and pediatric liver transplantation, Paris-Sud University, Medical School | Gonzales Emmanuel |
| | Le Havre | Department of pediatrics, Jacques Monod Hospital | Valérie Bertrand |
| | Lille | Department of pediatric gastroenterology, hepatology and nutrition, Lille University Hospital | Frederic Gottrand |
| | Lyon | Department of pediatric gastroenterology, hepatology and nutrition, Lyon University Hospital | Sophie Heissat |
| | Nancy | Department of pediatric gastroenterology, hepatology and nutrition, Nancy University Hospital | Emeline Guiot |
| | Paris | Department of pediatric gastroenterology, hepatology and nutrition, Necker Hospital | Florence Lacaille |
| | | Department of pediatric gastroenterology and nutrition, Robert Debra Hospital | Jean-Pierre Hugot |
| | Rouen | Department of pediatrics, Rouen University Hospital | Olivier Mouterde |
| | Strasbourg | Department of pediatric gastroenterology, Strasbourg University Hospital | Julie Rebeuh |
| | Toulouse | Department of pediatric gastroenterology, hepatology and nutrition, Toulouse Universtary Hospital | Emmanuel Mas [#] |
| Tours | Department of pediatrics, Tours University Hospital | Stephanie Willot | |
| Germany | Bremen | Gesundheit Nord, Klinikum Links der Weser, Children's hospital, Bremen | Martin Classen |
| | Cologne | Department of Pediatrics, University Children 's Hospital, Cologne, Germany | Ilse Broekaert |
| | Darmstadt | Darmstädter Children's Hospital Prinzessin Margaret, Darmstadt | Andreas Krahl |

(Contd...)

Supplementary Appendix 2 (Continued)

| Country | City | Center | Head of the GI Unit | |
|-----------|--------------|--|---|-------------------|
| | Eisenach | St. Georg Hospital, Children's Hospital, Eisenach | Benno Kretzschmar | |
| | Erlangen | University Medical Center Erlangen, Department of Pediatrics and Adolescent Medicine, Erlangen | André Hörning | |
| | Stuttgart | Klinikum Stuttgart, Olgahospital, Stuttgart | Söhnke Dammann | |
| | Tübingen | University Children's Hospital Tübingen, Eberhard Karls University Tübingen | Ekkehard Sturm | |
| | Ulm | University Medical Center Ulm, Department of Pediatrics and Adolescent Medicine, Ulm | Carsten Posovszky | |
| Greece | Athens | First Department of Pediatrics, University of Athens, Agia Sofia Children's Hospital, Athens | Alexandra Papadopoulou | |
| | | Third Department of Pediatrics, University of Athens, ATTIKON University Hospital | Smaragdi Fessatou | |
| | Thessaloniki | Forth Department of Pediatrics, Aristotle University of Thessaloniki | Maria Fotoulaki | |
| | | Third Department of Pediatrics, Aristotle University of Thessaloniki, Hippokration Hospital | Ioannis Xinias | |
| Hungary | Budapest | First Department of Pediatrics, Semmelweis University | Áron Cseh | |
| | Debrecen | University of Debrecen, Clinical Center, Dep. of Pediatrics | Gábor Veres | |
| | Pécs | Department of Pediatrics, University Medical School of Pécs | Andras Tarnok | |
| | Szeged | Department of Pediatrics, University of Szeged | Daniel Szucs | |
| Israel | Haifa | Pediatric Gastroenterology Unit at Ruth Rappaport Children's Hospital, Rambam Medical center | Ron Shaoul | |
| | Jerusalem | Shaare Zedek Medical Center (Hebrew University) | Dan Turner | |
| | | Pediatrics Department, Hadassah Mount Scopus - Hebrew University medical center | Michael Wilschanski | |
| | Ramat Gan | Sheba Medical Center (Sackler Faculty of Medicine, Tel Aviv University) | Batia Weiss | |
| | Petach Tiqva | Institute of Gastroenterology, Nutrition and Liver Diseases, Schneider Children's Medical Center of Israel (Tel Aviv University) | Raanan Shamir | |
| Italy | Ancona | Marche Polytechnic University, Ancona University Hospital | Carlo Catassi | |
| | Bergamo | Papa Giovanni XXIII Hospital (affiliated to Milan and Pavia University) | Lorenzo D'Antiga/Emanuele Nicastro | |
| | Florence | Meyer University Hospital | Paolo Lionetti | |
| | Messina | Messina University Hospital | Claudio Romano | |
| | Naples | Intradepartmental Program of Pediatric GI Endoscopy and Motility, Department of Translational Medical Science, Section of Pediatrics | Annamaria Staiano | |
| | Rome | Sapienza University Hospital | Bambino Gesù Children's Hospital (affiliated to University of Rome La Sapienza · Università Cattolica del Sacro Cuore, Rome · University of Rome Tor Vergata) | Luigi Dall'Oglio |
| | | | Bambino Gesù Children's Hospital affiliated to University of Rome La Sapienza · Università Cattolica del Sacro Cuore, Rome · University of Rome Tor Vergata) | Giuseppe Maggiore |
| Lithuania | Kaunas | Hospital of Lithuanian University of Health Sciences Kauno klinikos | Ruta Kucinskiene | |
| | Vilnius | Center for Pediatrics of Vilnius University Hospital Santaros Klinikos | Vaidotas Urbonas | |
| Portugal | Lisbon | Santa Maria University Hospital Pediatric | Ana Isabel Gouveia Costa | |
| | Porto | São João University Hospital | Jorge Amil Dias (until 2021) | |
| Slovenia | Ljubljana | Ljubljana University Medical Center | Rok Orel | |
| | Maribor | Maribor University Medical Center | Jernej Dolinsek | |

(Contd...)

Supplementary Appendix 2 (Continued)

| Country | City | Center | Head of the GI Unit |
|-----------------|--|--|------------------------------------|
| Spain | Barakaldo | País Vasco University Hospital | Iñaki Xarles Irastorza Terradillos |
| | Barcelona | Vall d'Hebron University Hospital | Jesus Quintero |
| | | San Juan de Dios University Hospital | Javier Martín de Carpi |
| | Córdoba | Reina Sofia University Hospital | Rafael Gonzalez de Caldas Marchal |
| | Valencia | La Fe University Hospital | Carmen Ribes-Koninckx |
| | Las Palmas | Materno-Infantil de Canarias University Hospital | Luis Peña-Quintana |
| | Madrid | Niño Jesús University Hospital | Rosa Ana Muñoz Codoceo |
| | | La Paz University Hospital | Manuel Molina |
| | Málaga | Materno Infantil University Hospital | Víctor M. Navas López |
| Murcia | Virgen de la Arrixaca University Hospital | David Gil Ortega | |
| Seville | Virgen del Rocio University Hospital | Alejandro Rodriguez Martinez | |
| Switzerland | Geneva | Pediatric Liver Center, University Hospitals Geneva | Valérie McLin |
| | Lausanne | Lausanne University Hospital | Andreas Nydegger |
| | Basel | University Children's Hospital Basel | Raoul I. Furlano |
| | Lucerne | Children's Hospital of Lucerne | Johannes Spalinger |
| | St. Gallen | Children's Hospital of Eastern Switzerland in St. Gallen | George Marx / Pascal Müller |
| The Netherlands | Amsterdam | Emma Childrens Hospital / Academic Medical Center | Marc Benninga |
| | Groningen | Groningen University Medical Center | Rene Scheenstra |
| | Rotterdam | Erasmus University MC, Sophia Children's Hospital | Hankje Escher |
| | Utrecht | Wilhelmina Children's Hospital / Utrecht University Medical Center | Roderick Houwen |
| Turkey | Ankara | Ankara University School of Medicine | Aydan Kansu |
| | Izmir | Dokuz Eylul University School of Medicine | Yeşim Öztürk |
| | Malatya | Inönü University Faculty of Medicine | Mukadder Ayşe Selimoğlu |
| United Kingdom | Birmingham | Birmingham Children's Hospital (University of Birmingham) | Sue Protheroe |
| | Bristol | Bristol Children's Hospital | Dharam Basude |
| | Cambridge | Cambridge University Hospital NHS Foundation Trust | Camilla Salvestrini |
| | Leeds | Leeds Teaching Hospitals NHS Trust | Suzanne Davison |
| | Liverpool | Alder Hey Children's NHS Foundation Trust (Liverpool University NHS Foundation Trust) | Marcus KH Auth |
| | London | Royal London Children's Hospital, Barts Health NHS Trust | Nicholas Croft |
| | | Great Ormond Street Hospital for Children NHS Foundation Trust, London, UK | Nikhil Thapar (until 2019) |
| | | King's College Hospital (London University NHS Foundation Trust) | Jonathan Hind |
| | Manchester | Royal Manchester Children's Hospital (Manchester University NHS Foundation Trust) | Andrew Fagbemi |
| | Nottingham | Nottingham University Hospitals NHS Trust | David Devadason |
| | Oxford | Oxford University NHS foundation trust | Lucy Howarth |
| | Sheffield | Sheffield Children's Hospital (affiliated to Sheffield Medical School) | Mike Thomson |
| Scotland | North of Scotland Pediatric Gastroenterology, Hepatology and Nutrition Network (NOSPGHANN) NHS Grampian, NHS Tayside, NHS Highland, (NHS Orkney, NHS Shetland) | Dagmar Kastner-Cole | |