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Homolak, Jan

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- 3 Jan Homolak^{1,2}
- ⁴ ¹ Department of Pharmacology, University of Zagreb School of Medicine, Zagreb, Croatia
- ⁵ ² Croatian Institute for Brain Research, University of Zagreb School of Medicine, Zagreb,
- 6 Croatia
- 7
- 8
- 9 Jan Homolak, MD
- 10 Department of Pharmacology,
- 11 University of Zagreb School of Medicine,
- 12 Salata 11, 10 000 Zagreb,
- 13 Croatia
- 14 <u>homolakjan@gmail.com</u>
- 15 00385 91 9411 468

16 Abstract

17 Tattoo inks are comprised of different combinations of bioactive chemicals with combined biological effects that are insufficiently explored. Tattoos have been associated with oxidative 18 19 stress; however, a recent N-of-1 study suggested that blue tattoos may be associated with suppressed local skin oxidative stress. The present study aimed to explore the attributes of the 20 blue tattoo ink (BTI) that may explain its possible effects on redox homeostasis, namely the 21 catalase (CAT) and superoxide dismutase (SOD)-mimetic properties that have been reported 22 for copper(II) phthalocyanine (CuPC) – the main BTI constituent. Intenze[™] Persian blue (PB) 23 BTI has been used in the experiment. CAT and SOD-mimetic properties of PB and its pigment-24 25 enriched fractions were analyzed using the carbonato-cobaltate (III) formation-derived H₂O₂ dissociation and 1,2,3-trihydroxybenzene autoxidation rate assays utilizing simple buffers and 26 biochemical matrix of normal skin tissue as chemical reaction environments. CuPC-based 27 28 tattoo ink PB and both its blue and white pigment-enriched fractions demonstrate CAT and SOD-mimetic properties in vitro with effect sizes demonstrating a substantial dependence on 29 30 the biochemical environment. PB constituents act as inhibitors of CAT but potentiate its activity in the biochemical matrix of the skin. CuPC-based BTI can mimic antioxidant 31 enzymes, however chemical constituents other than CuPC (e.g. the photoreactive TiO₂) seem 32 to be at least partially responsible for the BTI redox-modulating properties. 33

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35 Keywords: tattoo; tattoo ink; oxidative stress; catalase; superoxide dismutase

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38 Introduction:

39 The art of tattooing dates back to the earliest stages of tribal communities and the oldest known tattoo belongs to the famous mummy Ötzi the Iceman (3000 BC)[1]. Throughout history, the 40 prevalence of tattoos varied; however, in the last decades, the practice of tattooing spread 41 throughout the Western world and became a mainstream form of body art. Recent estimates 42 suggest that up to 25% of Europeans under the age of 20 and up to 38% of Americans under 43 the age of 29 bear at least one tattoo [2]. Despite the omnipresence of tattooing, the biomedical 44 effects of tattoos remain poorly explored, possibly because tattoo inks are comprised of 45 different combinations of many bioactive chemicals with combined biological effects that are 46 challenging to explore, let alone predict. In general, tattoo inks contain: i) organic (e.g. azo or 47 polycyclic aromatic) or inorganic pigments (e.g. titanium dioxide (TiO₂), barium sulfate 48 49 (BaSO₄), iron oxide. chromium oxide); ii) binders (e.g. polyethylene glycol, polyvinylpyrrolidone); iii) solvents (e.g. water, alcohol); and iv) additives (preservatives, 50 surfactants)[2]. Additionally, impurities (e.g. nitrosamines or formaldehyde) may be present as 51 well, and the ink injected into the body may contain nickel and chromium particles shredded 52 from the needle during tattooing [3]. During the procedure of tattooing, all the constituents are 53 delivered into the dermis where they become 100% systemically bioavailable due to direct 54 contact with the blood and lymph. Although the kinetics of different tattoo ink constituents is 55 still unknown, it is assumed that soluble components undergo rapid systemic distribution, while 56 the insoluble pigments are mostly retained in the area of injection and in the draining lymph 57 nodes where they may exert biological effects [2]. 58

Although substantial efforts have been made to better understand the biological effects of tattoo 59 inks utilizing in vitro and in vivo models, the results demonstrate that the observed effects are 60 strongly dependent on the chemical constitution of the ink and the toxicological model utilized 61 in the study. For example, Falconi et al. reported reduced viability and expression of the 62 procollagen al type I in primary human fibroblasts incubated with Biolip 27 but not Strong 63 black [4]. Regensburger et al. reported substantial variability in the potency of 19 commercially 64 available tattoo inks in respect to their inhibitory effects on mitochondrial activity in primary 65 human dermal keratinocytes exposed to UVA radiation [5]. Arl et al. compared the effects of 66 blue, green, red, and black tattoo ink on cell viability and the generation of reactive oxygen 67 species (ROS) and reported that incubation with red and green tattoo inks induced the most 68 pronounced toxic effects on the human keratinocyte cell line [6]. Perplexing in vivo results 69 have also been reported. For example, in studies on tattoo ink carcinogenicity, it has been 70 reported that mice tattooed with red tattoo ink and exposed to ultraviolet radiation develop 71 tumors slightly faster (214 vs 224 days) and show an increased tumor growth rate in 72 73 comparison with sham-tattooed mice [7]. In contrast, black tattoo ink was protective against ultraviolet radiation-induced squamous cell carcinoma, delaying the tumor onset by 74 approximately 50 days in tattooed mice [8]. Although it will be interesting to see the follow-75 76 up studies on the interaction between exposure to different tattoo inks and the carcinogenic potential of ultraviolet radiation (to address the uncertainty related to relatively small effects 77 78 reported in [7] and [8]), the apparently discrepant results provide a good illustration of the fact 79 that the biological effects of different tattoo inks seem to be too complex and specific to provide foundations for inductive reasoning on the effects of tattoo inks in general. To better understand 80 81 the biomedical consequences of tattooing, a substantial effort should be made to i) elucidate the biological effects of individual chemicals present in different tattoo inks, and ii) explore 82

the synergistic, additive, or antagonistic effects of chemical constituents of different tattoo inks
in model systems that resemble those found *in vivo*.

The present aim was to explore the properties of blue tattoo ink that may explain the recently 85 reported observation that a blue tattoo was able to suppress local skin oxidative stress [9]. 86 87 Oxidative stress is a pathophysiological condition that ensues as a consequence of the inability 88 of a system to maintain the balance between the electrophilic and the nucleophilic arm of redox homeostasis [10]. Considering redox homeostasis is critical for normal cellular functioning, it 89 is no surprise that oxidative stress has been recognized as an important etiopathogenetic factor 90 and a promising pharmacological target in pathophysiological conditions of the skin [11,12]. 91 Tattoo inks have generally been associated with increased levels of oxidative stress (e.g. 92 [5,6,13–15]); however, this has so far only been supported by indirect findings from *in vitro* 93 experiments and there is currently no direct evidence for tattoo-induced oxidative stress in 94 humans. In contrast, there is some evidence indicating that blue tattoo ink may be able to reduce 95 oxidative stress. In an N-of-1 study, skin tattooed with blue tattoo ink demonstrated increased 96 surface reductive capacity and the interstitial and intracellular fluid-enriched capillary blood 97 from the tattoo had an increased content of protein sulfhydryls, reductive capacity, and catalase 98 (CAT) activity, and reduced lipid peroxidation in comparison with the sample obtained from 99 nontattooed skin [9]. Copper(II) phthalocyanine (CuPC), the main constituent of blue tattoo 100 inks, can both reduce and prevent lipid peroxidation in homogenates of the mouse brain, 101 kidney, and liver and exerts a substantial protective effect in the deoxyribose degradation assay 102 [16]. Furthermore, it has been reported that CuPC can act as a dual functional mimetic of CAT 103 and superoxide dismutase (SOD), two important antioxidant enzymes and that this property 104 may be responsible for its lipid peroxidation-suppressing effects [17]. 105

The present study aimed to explore whether: i) a blue CuPC-based tattoo ink can act as a CAT and SOD mimetic *in vitro*; ii) CAT and SOD mimetic properties of blue tattoo ink are primarily present in the CuPC-enriched ink fraction; iii) blue tattoo ink and its CuPC-enriched and residual fractions potentiate or inhibit the effects of CAT and SOD in the complex biochemical matrix of normal skin tissue (i.e. in the presence of endogenous CAT, SOD, and regulators of their activity); iv) components of the tattoo ink may directly interact with components of the skin.

113

114 Materials and methods:

115 Sample preparation

IntenzeTM Persian blue tattoo ink (PB) (Intenze, USA) was used in the experiment. The 116 ingredients declared on the official material safety data sheet included: H₂O (The European 117 Community number (EC): 231-791-2), BaSO₄ (EC: 231-784-4), TiO₂ (EC: 215-280-1), CuPC 118 (EC: 205-685-1), glycerine (EC: 200-289-5), isopropyl alcohol (EC: 200-661-7), Hamamelis 119 Virginiana L. extract (EC: 283-637-9). Diluted PB samples were obtained by v/v dilution in 120 121 pre-defined ratios in double-distilled H₂O (ddH₂O; 0.055 µS/cm). Dye fractionation was done by differential centrifugation. PB was first spun down for 30 minutes at a relative centrifugal 122 force (RCF) of 12879 x g, and then the same process was repeated twice with both the 123 supernatant (blue fraction) and the pellet (white fraction). The supernatant of the blue pigment-124 enriched fraction and the pellet of the white pigment-enriched fraction were used for 125 subsequent analyses. 126

127 UV-Vis spectrophotometry

- 128 UV-Vis spectra were obtained by scanning the absorbance in the wavelength range from 220
- nm to 750 nm using The NanoDrop® ND-1000 (Thermo Fisher Scientific, USA).

130 Catalase-like activity

- 131 CAT solution was prepared by dissolving 1 mg of lyophilized bovine liver CAT powder (Sigma
- 132 Aldrich, USA) in 10 ml of phosphate-buffered saline (PBS) (pH 7.4). CAT activity was
- measured using the method first described by Hadwan [18] and adapted in [19]. Briefly, the
- samples were incubated with 50 μ l of the substrate solution (2-10 mM H₂O₂ in PBS) and the reaction was stopped by adding 150 μ l of the Co(NO₃)₂ stop solution (5 mL Co(NO₃)₂ x 6 H₂O
- 135 Teachon was stopped by adding 150 μ of the Co(NO₃)₂ stop solution (5 mL Co(NO₃)₂ x 6 H₂O 136 (0.2 g in 10 mL ddH₂O) + 5 mL (NaPO₃)₆ (0.1 g in 10 mL ddH₂O) added to 90 mL of NaHCO₃
- ($9 \text{ g in 100 mL ddH}_2\text{O}$)). The concentration of H₂O₂ was determined indirectly by measuring
- the absorbance of the carbonato-cobaltate (III) complex ($[Co(CO_3)_3]Co$) at 450 nm using the
- 139 Infinite F200 PRO multimodal microplate reader (Tecan, Switzerland). Due to interference, a
- 140 unique baseline model was established for each sample by simultaneous incubation with
- 141 substrate solutions of graded nominal concentrations between 1 and 10 mM H_2O_2 and the
- 142 $Co(NO_3)_2$ stop solution. The amount of residual H_2O_2 was estimated from the model for each
- sample and each time-point. CAT activity was assessed indirectly based on permutation-
- derived estimates of the baseline values (t = 0 s) and final values ($t_1 = 60$ s or 300 s)[20].

145 Superoxide dismutase-like activity

- 146 The SOD-like activity was measured by assessing the inhibition of 1,2,3-trihydroxybenzene
- 147 (THB) autoxidation rate [21,22]. Briefly, 5 µl of each sample was placed in a 96 well-plate and
- 148 incubated with freshly pre-mixed THB working solution (64 μ l of 60 mM THB dissolved in 1
- mM HCl mixed with 3400 μ l of 0.05 M Tris-HCl and 1 mM Na₂EDTA adjusted to pH 8.2).
- 150 THB autoxidation was measured by assessing the absorbance increment at 450 nm with
- 151 repeated measurements obtained by the Infinite F200 PRO multimodal microplate reader
- 152 (Tecan, Switzerland).

153 Preparation of the skin tissue constituents as the reaction matrix

- To test whether the effects observed in vitro would be affected by the presence of skin tissue 154 constituents present in vivo, a rat skin homogenate was prepared. Briefly, a piece of skin from 155 a single rat euthanized in deep anesthesia (70 mg/kg ketamine; 7 mg/kg xylazine) was dissected 156 and stored at -80 °C. The animal was in the control (untreated) group of another experiment 157 and the tissue was dissected after decapitation in concordance with the 3Rs concept [23] in 158 order not to interfere with the experimental protocol. The animal study from which the tissue 159 was obtained was approved by the Ethics Committee of The University of Zagreb School of 160 Medicine (380-59-10106-18-111/173) and the Croatian Ministry of Agriculture (EP 186/2018). 161 The skin was rapidly dissected from the surrounding adnexa and placed in 1000 µl of lysis 162 buffer (150 mM NaCl, 50 mM Tris-HCl, 1 mM EDTA, 1% Triton X-100, 1% sodium 163 deoxycholate, 0.1% SDS, 1 mM PMSF, protease inhibitor cocktail (Sigma-Aldrich, USA) and 164 PhosSTOP phosphatase inhibitor (Roche, Switzerland) adjusted to pH 7.5) on ice. The tissue 165 was homogenized using Microson Ultrasonic Cell Disruptor (Misonix, SAD), centrifuged for 166 10 min at 4 °C, and RCF of 12 879 \times g, and the supernatant was stored at -80 °C. For the acute 167 experiments, 5 µl of the tissue homogenate was used per well, and for the pretreatment 168 experiments, 45 µl of the skin homogenate was incubated with either 5 µl of dd H₂O, or 5 µl of 169
- the sample (1:10 PB, 1:10 blue, and 1:10 white fraction) for 180 min at 37°C. Bradford's

analysis of the protein concentration (using the bovine serum albumin (BSA) standard)
indicated the biochemical matrix of the skin contained 4.37 µg protein per µl.

173 Lateral flow assay for the assessment of the interaction between the constituents of the tattoo174 ink and components of the skin, albumin, and catalase

175 A lateral flow assay (LFA) was conducted to assess the interaction between chemical 176 constituents of the blue tattoo ink and biochemical components of the skin. Additionally, the LFA was employed to test the interaction of tattoo ink with catalase (to address the possibility 177 of direct interaction as a mediator of biological effects), and BSA as a standard protein with a 178 large intrinsic binding potential for a large diversity of small molecules. All samples (skin 179 homogenate, CAT, BSA) were spotted onto the nitrocellulose strips (0.45 µm pore size; 180 Amersham Protran; GE Healthcare Life Sciences, USA) in a way that each strip contained the 181 free route for the uninterrupted analyte flow (control lane) and the sample-capturing lane 182 (experimental lane). The membranes were left to air-dry for 15 minutes. Once dry, the strips 183 were fixed in the glass holder in a way that the proximal end was available for the 184 administration of the analyte (tattoo ink) followed by administration of the same volume of 185 vehicle (ddH₂O) to remove excess PB. An additional LFA experiment was conducted using 186 nitrocellulose spotted PB and its blue and white fractions as the stationary samples and ddH₂O 187 as the mobile phase. In both experiments, analyte mobility was recorded and the signal density 188 line profiles of the control and experimental lane for each sample were subsequently extracted 189

190 for 5 time-points using Fiji (NIH, USA).

191 Tattoo ink interaction electrophoretic mobility shift assays

Electrophoretic mobility shift assays (EMSA) were conducted to complement the LFA and 192 provide additional information on the nature of the interaction between skin components and 193 the tattoo ink constituents. Sample pre-incubation EMSA (SP-EMSA) was done by analyzing 194 195 the mobility interference using parallel electrophoretic separation of the tattoo ink-treated and "naïve" skin homogenates and CAT. Pre-treated samples were incubated with PB to achieve a 196 1:100 dilution of the ink, while the control samples were incubated with an equal volume of 197 vehicle (ddH₂O). The samples were mixed with the modified bromophenol blue-free sample 198 buffer 4x stock containing 40% glycerol, 8% SDS, 200 mM Tris HCl (so that bromphenol blue 199 does not interfere with the CuPC color), incubated with the sample buffer for 10 minutes at 200 95°C, and loaded onto the TGX Stain-Free FastCast 12% polyacrylamide gels (Bio-Rad, USA) 201 for electrophoretic separation. Spectral analysis of gels was done by ChemiDoc MP Imaging 202 System (Bio-Rad, USA). Transfer onto the nitrocellulose was done using the Trans-Blot Turbo 203 semi-dry transfer system (Bio-Rad, USA). The elution of CAT from the nitrocellulose (for 204 subsequent spectral analysis) was done by incubating cut-out proteins in the 50% pyridine in 205 0.1 M ammonium acetate (v/v; pH 8.9) for 120 min at 37 °C [24]. In addition to SP-EMSA, 206 the interaction of the electrophoretically immobile CuPC with skin constituents and CAT was 207 studied using the CuPC-capturing gradient electrophoretic separation (CCG-EMSA). Briefly, 208 209 a capturing gel containing gradient concentrations of 1:850 PB mixed with a standard stacking polyacrylamide matrix was placed on top of the separating gel, and the skin and CAT samples 210 were subjected to the electrophoretic separation to analyze the interaction of increased 211

electrophoretic CuPC exposure (increased CuPC matrix path) and sample mobility.

Data analysis 214

- Data were analyzed in R (4.1.0). In the experiments where multiple substrate concentrations 215 and multiple substrate exposure times were used, CAT-like activity was analyzed using linear 216 regression with enzymatic activity (permutation-derived estimates) defined as the dependent 217 variable and sample, substrate concentration, and time defined as independent variables. Model 218
- assumptions were checked by visual inspection of the residual and fitted value plots. Model 219
- 220 outputs were reported as point estimates of least-square means with accompanying 95%
- confidence intervals. Comparisons of the samples from the model were reported as effect sizes 221 (differences of estimated marginal means with accompanying 95% confidence intervals).
- 222 Alpha was set at 5% and p-values were adjusted using the Tukey method.
- 223
- 224 **Results:**
- Persian blue tattoo ink acts as a weak catalase and superoxide dismutase mimetic in vitro 225
- PB demonstrated dilution-dependent CAT-like activity in vitro, with the 1:10 dilution showing 226
- the ability to dissociate ~0.9 mM of H_2O_2 in 300 s on average, in substrate concentrations 227
- ranging from 6 to 10 mM (Fig 1A). PB (1:10) dissociated 0.6 mM of H₂O₂ in the presence of 228 10 mM H₂O₂ and 1 mM when incubated with 8 and 6 mM, indicating lower efficacy at high 229
- substrate concentrations. The 1:100 dilution of PB demonstrated no CAT-like activity. The 230
- largest tested PB concentration (1:10) exerted SOD-like activity as well, by reducing the rate 231
- of THB autoxidation in the first 300 s of the assay. After 300 s, the maximum suppressive 232
- capacity of 1:10 PB was reached and PB potentiated autoxidation (Fig 1B). Lower PB 233
- concentrations (1:100; 1:1000; 1:10 000) showed no SOD-like activity. 234
- 235
- Blue and white fractions of the Persian blue tattoo ink show no catalase mimetic properties, 236
- but demonstrate divergent superoxide dismutase-like behavior 237
- Centrifugation-based fractionation of PB yielded a blue CuPC-enriched fraction and a white 238 fraction most likely enriched with TiO₂ and BaSO₄ (Fig 2A). UV-Vis spectra of fractionated 239 samples suggested that CuPC was primarily present in the blue fraction, as evident by the 240 presence of the Soret peak (B-band) and the Q-band with the Davydov splitting characteristic 241 for the phthalocyanine derivatives [25,26] (Fig 2B). Neither the blue nor the white fraction 242 demonstrated CAT-like activity in vitro (Fig 2C-E). Interestingly, "negative estimates of the 243 activity" were obtained for the 1:10 dilution of both fractions indicating possible photocatalytic 244
- generation of H₂O₂ [27]. The observed effect was substrate concentration-dependent and more 245
- pronounced for the white fraction, which also demonstrated a pronounced time-dependence 246
- 247 (Fig 2C-E). While the CuPC-enriched blue fraction showed no SOD-like activity at t < 300 s,
- the white fraction (1:10) potentiated THB autoxidation. At t > 300 s, the blue PB fraction (1:10) 248
- demonstrated SOD-like activity (Fig 2F). 249
- Persian blue tattoo ink and its blue and white pigment-enriched fractions inhibit catalase in 250
- *vitro* but potentiate its action in the presence of biochemical constituents of the skin 251
- Apart from acting as CAT/SOD mimetics, PB constituents may modulate redox balance by 252
- 253 affecting the activity of endogenous enzymes. In the presence of bovine liver CAT, the CuPC-
- 254 enriched PB fraction acted as a weak CAT inhibitor with no evident dose-response, while PB
- and the white fraction exhibited a pronounced dose-dependent inhibition of the enzyme (Fig 255
- 256 **3A**, **B**). A different pattern was observed in the presence of biochemical constituents of the
- 257 skin, where PB and its blue and white pigment-enriched fractions acted as potentiators of

- endogenous CAT, with the largest effect observed in the presence of the white fraction (Fig 258 259 **3C**, **D**). As the acute effects may not faithfully represent biochemical effects that may take place in vivo, an additional experiment was conducted in which the tested samples were first 260 incubated with the biochemical constituents of the skin. Interestingly, following prolonged 261 incubation (180 min at 37 °C), the pronounced effect of the white fraction was substantially 262 attenuated, and the CuPC-enriched fraction induced the most pronounced effect on the activity 263 of endogenous CAT (Fig 3E, F). In the presence of tissue constituents, both the blue and white 264 fractions acted as SOD mimetics at t < 300 s, while there was no difference between the effect 265 of PB and the control condition (Fig 3G). After the 300 s time-point, the CuPC-enriched 266 fraction demonstrated stable SOD mimetic activity, while the white fraction potentiated THB 267 autoxidation (Fig 3G). Following the prolonged incubation at 37 °C, SOD potentiating effects 268 of PB and its blue and white fractions were completely lost (Fig 3H). 269
- 270 Constituents of the blue tattoo ink interact with components of the biochemical matrix of the271 skin
- To better understand the nature of the observed effects chemical interaction between 272 constituents of the tattoo ink and the components of the biochemical matrix of the skin was 273 evaluated using the LFA, SP-EMSA, and CCG-EMSA. LFA indicated that skin homogenate, 274 CAT, and BSA can all interact with constituents of PB that exhibit nitrocellulose lateral flow 275 (Fig 4A). BSA demonstrated the largest PB flow-disrupting capacity both in terms of binding 276 the flow front and resistance to subsequent elution by vehicle. Both CAT and the biochemical 277 matrix of the skin were also able to bind the PB front and resist ddH₂O elution (Fig 4A). 278 Interestingly, upon elution, the skin homogenate demonstrated a wave pattern suggesting the 279 presence of interaction with several separate components (Fig 4B). The CCG-EMSA and SP-280 EMSA were used as complementary methods to better understand the nature of the observed 281 interaction. The CCG-EMSA revealed that the observed CAT-binding properties of PB were 282 not able to resist the electrophoretic mobility of the enzyme indicating that the nature of the 283 interaction was i) too weak to affect the electrophoretic flow, or ii) incompatible with the 284 unfolded linear structure and/or negative charge introduced by the reductive environment and 285 SDS (Fig 4C). Interestingly, although there was no evident electrophoretic mobility shift 286 introduced by increasing path length through the PB-enriched stacking polyacrylamide for 287 CAT this was not the case with skin homogenate where CCG-EMSA revealed a pronounced 288 dose-response electrophoretic mobility shift regardless of the reducing environment and high 289 SDS concentration (Fig 4C). The SP-EMSA confirmed the aforementioned findings as CAT 290 electrophoretic mobility was relatively resistant to the effects of PB, while tattoo ink 291 decelerated mobility of some biochemical constituents of the skin - speaking in favor of 292 binding even in the reductive environment and in the presence of high SDS (Fig 4D). The exact 293 chemical component (or components) of the ink responsible for the electrophoretic mobility 294 shift, as well as primary components of the skin responsible for the observed interaction, 295 remain to be further explored. Nevertheless, spectral analysis of the electrophoretic and lateral 296 flow mobility membranes/gels provided additional information that may lay the groundwork 297 298 for a better understanding of the observed interaction in the future. The SP-EMSA experiments suggest that the blue pigment (CuPC) demonstrates electrophoretic mobility only in the 299 stacking polyacrylamide matrix (Fig 5A). Such a pattern indicates that CuPC either i) moves 300 301 on its own in the electrical field achieved in the polyacrylamide gel electrophoresis (PAGE) setup (i.e. exerts electrophoretic mobility), or ii) moves together with CAT and some 302 components of the skin as a result of molecular interactions that cannot withstand the resistance 303

of mobility through the dense portion of the resolving polyacrylamide. Electrophoretic mobility 304 305 experiments with PB gradient stacking gel support latter as penetrance of the blue pigment didn't increase (or possibly even decreased) as a result of increased vertical exposure (Fig 5B) 306 suggesting that the mobility shift of the skin homogenates may have been the result of the 307 interactions at the level of capturing-adapted stacking polyacrylamide. Nevertheless, it is 308 possible that i) some CuPC remained bound to proteins and caused electrophoretic deceleration 309 in quantities that are too small to be detected by simple visual inspection, and/or ii) some other 310 constituents of the tattoo ink demonstrated protein binding and caused deceleration in the 311 resolving fraction of the gel. To test this, spectral analysis of LFA membranes and 312 electrophoretic mobility gels was conducted. Spectral analysis of the LFA membranes revealed 313 that the LFA mobility pattern of PB and both its blue and white fractions demonstrate at least 314 3 general patterns: the sample pool (the area where the sample was deposited); the middle 315 mobile phase (largely absent in the white fraction); and the mobile front (present in all 316 samples)(Fig 5C). The sample pool and the middle mobile phase demonstrated a satisfactory 317 quantum yield upon excitation (EX) at 302 nm combined with the wide 535-645 nm emission 318 (EM) filter. All 3 LFA patterns (the sample pool and both mobile phases) for PB, blue, and 319 white fractions were successfully visualized under 755-777 nm EX with the 810-860 nm EM 320 filter, and a variety of conditions (e.g. EX/EM(nm): 460-490/518-546; 520-545/577-613; 625-321 650/675-725; 650-675/700-730) were found to enable a good representation of the mobile front 322 (Fig 5C). Spectral analysis of the LFA membranes from the experiment with spotted CAT and 323 biochemical matrix of the skin revealed that, in addition to the interaction with the blue fraction 324 of the ink, both samples also captured components of the ink most likely representing the 325 mobile front from the LFA experiment in which PB was used as the mobile phase (with CAT 326 sample demonstrating greater mobile front binding capacity than the skin sample)(Fig 5D). 327 Although treatment-naïve CAT has been shown to emit in the close spectral range (control 328 CAT; Fig 5D), the comet pattern indicates the observed signal was most likely from the 329 component of the mobile phase and not an endogenous signal from the spotted sample. Spectral 330 analysis of the SP-EMSA polyacrylamide gels provides further evidence supporting the 331 hypothesis that, in addition to CuPC, other components of the tattoo ink (primarily present in 332 the white fraction) may interact with CAT and constituents of the skin (and affect their 333 electrophoretic mobility)(Fig 5E). Spectral analysis of the SP-EMSA polyacrylamide gels 334 confirms the observations from the LFA and indicates that another PB component (most likely 335 originating from the white fraction) enters the resolving polyacrylamide (alone or bound to 336 sample constituents) and possibly affects the sample electrophoretic mobility (even after 337 accounting for the baseline spectral properties of PB and its blue and white fractions and the 338 effects of the tattoo ink concentration)(Fig 5E, F). Interestingly, the presence of the component 339 of the white fraction seems to have functional consequences as the ink-exposed sample shows 340 the ability to potentiate the chemiluminescent reaction of luminol and H₂O₂ (Fig 5G). To ensure 341 that the observed effect was not due to the presence of CuPC present in quantities that are too 342 small to be detected by visual inspection, both CAT samples were eluted from the membrane 343 and subjected to spectral analysis (Fig 5H). To further ensure no CuPC was present, UV-Vis 344 spectra of the eluates were measured and compared to the spectra of the same samples before 345 346 PAGE showing a clear disappearance of the Q-band with the Davydov splitting characteristic for the phthalocyanine derivatives (Fig 5I). 347

349 Discussion:

350 The presented results support the hypothesis that PB, a blue CuPC-based tattoo ink, can act as a mimetic of CAT and SOD and provide a possible mechanistic explanation for the reduced 351 352 levels of oxidative stress in the skin with a blue tattoo [9]. Although CuPC can act as a dual functional mimetic of CAT and SOD and suppress lipid peroxidation in vitro [17], it was 353 hypothesized that the *a priori* assumption that PB would necessarily reflect the properties of 354 its main component (CuPC) would be unjustified considering the unspecified concentration of 355 CuPC and the presence of other chemicals that may theoretically annihilate or even reverse its 356 potential antioxidant effects. The results indicate the caution was reasonable. Although PB 357 demonstrated CAT and SOD-like activity, the observed H₂O₂ dissociation capacity was 358 relatively modest, and SOD-like activity was present only in the first part of the assay and 359 demonstrated high variability across trials (Fig 1). Furthermore, the CAT-mimetic action was 360 not persuasive once PB was fractionated (Fig 2C-E), while the SOD-like activity of the 361 fractions (Fig 2F) suggested that the large variability and time-dependence observed in the first 362 experiment (Fig 1B) may have reflected the opposing effects of chemical constituents on THB 363 autoxidation. Despite the initial hypothesis that CuPC may be the main chemical constituent 364 of tattoo ink responsible for the effects of a blue tattoo on skin redox homeostasis [9], 365 potentiation of THB autoxidation by the white PB fraction (Fig 2F) indicated that there are 366 likely at least two chemical mediators with possibly opposing actions. Although it was not 367 possible to confirm the presence of individual chemical constituents in PB fractions, it is highly 368 likely that BaSO₄ and TiO₂ were the main constituents of the white fraction, and that they may 369 be responsible for the observed potentiation of THB autoxidation. Although both BaSO₄ and 370 TiO₂ can induce oxidative stress in different models [28,29], TiO₂ may be a more likely 371 mediator of the observed effect, as it stimulates the expression of antioxidant defense systems 372 to a greater extent *in vitro* [30]. In addition, TiO₂ can generate superoxide radicals and other 373 ROS by reducing oxygen, due to an increased number of conduction band electrons following 374 light exposure [27,31]. In the context of the effects of blue and white PB fractions on SOD 375 activity, the reported time-dependence of SOD-mimetic properties of PB (Fig 1B) may be 376 related to the limited ability of blue fraction constituents to suppress THB autoxidation, 377 potentiated by the chemicals present in the white fraction of the ink. 378

In addition to the observed CAT/SOD-mimetic activity in vitro, in order to affect redox balance 379 in vivo, tattoo ink should be able to exert the effect in the presence of the complex biochemical 380 matrix of normal skin tissue (i.e in the presence of endogenous CAT, SOD, and regulators of 381 their activity). In the presence of CAT, PB inhibited the H₂O₂ dissociation rate with the most 382 pronounced inhibition observed with the white ink fraction (Fig 3A, B). Although little is 383 known about the effects of BaSO₄ on CAT activity, it has been shown that TiO₂ can bind to 384 CAT via electrostatic and hydrogen bonding forces, destabilize its structure and affect its 385 activity in a dose-dependent manner [32]. Interestingly, the effects of tattoo ink on CAT were 386 drastically altered in the presence of the biochemical constituents of normal skin, as all tested 387 samples potentiated the relatively low endogenous H_2O_2 dissociation potential (Fig 3C, D). 388 389 The white fraction of the ink induced the most pronounced effect, increasing the activity 78fold, while the blue fraction induced only "a modest" ~5-fold increment. A substantial 390 increment in the dissociation potential observed with the white fraction is in line with the SP-391 392 EMSA results indicating that a constituent of the ink that does not contain CuPC (most likely 393 originating from the white fraction) has a pronounced ability to degrade H₂O₂ (Fig 5G-I). Interestingly, the potentiation of CAT observed with the unfractionated ink was somewhere in 394

between (~17-fold), indicating that chemical constituents of tattoo ink might either act as 395 competitive activators or engage in some other form of interaction that is reflected in CAT 396 activity. A similar pattern was observed regarding the SOD-mimetic action, where the 397 constituents from the blue and white fractions exhibited SOD-like properties on their own but 398 canceled each other out when added to the tissue homogenate together (PB) (Fig 3G). Why 399 were both ink fractions able to potentiate SOD activity, and whether the observed effect was 400 mediated by the intrinsic SOD-mimetic properties of the chemical constituents or their action 401 on the endogenous enzyme, defies a simple explanation and remains to be further explored. 402 Nevertheless, considering that TiO₂ can potentiate the activity of SOD [33], one possibility is 403 that TiO₂ may exert a dose-dependent modulatory effect on SOD similarly as has been shown 404 405 for CAT [32].

Finally, the effects of PB and its fractions have been tested upon prolonged (180 min) 406 incubation with skin homogenates at homeothermic temperature (37 °C), to assess whether 407 some of the effects may be transient (e.g. due to dependence on an endogenous substrate) and 408 affected by physiological temperature. Interestingly, both CAT and SOD-mimetic properties 409 were dramatically altered by pre-incubation and the most pronounced H₂O₂ dissociation rate 410 was observed for the blue ink fraction followed by PB (Fig 3E, F). The SOD-mimicking effect 411 was annihilated by the pre-incubation procedure (Fig 3H). The exact nature of the observed 412 phenomenon and whether the homeothermic pre-incubation more faithfully reflects the fate of 413 the tattoo ink constituents in the human skin remains to be elucidated. On one hand, prolonged 414 incubation at physiological temperature may provide more accurate environmental conditions 415 for the biochemical reactions that may take place in the human body. On the other hand, the 416 observed potentiation of the enzymatic activity may be dependent on a particular substrate 417 present in the biochemical matrix of the tissue homogenate in limited quantities (in contrast to 418 its continuous influx in vivo). Another possible explanation for the observed discrepancy might 419 be a temperature-induced change in physicochemical properties of the tattoo ink constituents. 420 Tattoo inks contain nanoparticles and both CuPC and TiO₂ can be found in the nanoparticle 421 form in the blue tattoo ink (with the mean diameter of the CuPC/TiO₂ being 167 nm for the 422 IntenzeTM blue tattoo ink)[34,35]. Nanoparticles have an intrinsic potential to generate ROS, 423 which has been recognized as a key mediator of nanotoxicity [36]. Considering that toxicity, 424 photoreactivity, and ROS-generating potential depend on the particle size, shape, surface 425 characteristics, and the crystal structure [31], a hypothetical reaction between the tattoo ink and 426 either the tissue homogenate or the microtiter plate that may alter the structure of its 427 nanoparticle components may provide an explanation for the observed alteration of the 428 modulatory activity on CAT and SOD (Fig 3). 429

430 To further elucidate the nature of the CAT and SOD-mimetic actions of the blue tattoo ink a series of experiments was done to explore whether the observed functional alterations are 431 accompanied by the ability of ink constituents to bind to CAT and the components of the skin 432 matrix (Fig 4,5). Specific studies focused on the interaction of individual components are yet 433 to be done. Nevertheless, preliminary experiments assessing a more general overview of the 434 possibility that two complex and heterogeneous samples (tattoo ink and skin) contain 435 molecules that show the ability to interact directly presented here (Fig 4,5) support the notion 436 that the observed changes in the enzymatic activity may be a consequence of the interaction of 437 at least several separate molecular entities from the skin, and definitely more than one chemical 438 439 constituent of the tattoo ink.

In the context of previously reported redox-related changes in the skin with a blue tattoo, the 440 results presented here support the hypothesis that the suppression of oxidative stress in the N-441 of-1 study may be related to the antioxidant properties of some constituents present in blue 442 tattoo ink [9]. In the N-of-1 study, a 15% reduction in lipid peroxidation in the blue tattoo was 443 associated with 11.8% greater CAT activity [9]. In concordance with this, in this study, the 444 constituents of blue tattoo ink were able to potentiate CAT activity in the presence of the 445 biochemical components of the skin (Fig 3C-F). Interestingly, in the same study, SOD activity 446 was slightly higher in the tattoo sample; however, this result was taken as highly uncertain 447 considering the difference was in the range of the coefficient of variation of the method [9]. In 448 the context of the *in vitro* results presented here, it can be assumed that apart from the limited 449 precision of the utilized method, SOD activity in the blue tattoo may have been unchanged due 450 to the opposing action of different constituents of the tattoo ink (Fig 3G) or due to the same 451 phenomenon responsible for the loss of SOD-mimetic activity following prolonged incubation 452 at 37°C (Fig 3H). 453

454 Conclusion:

455 The presented results confirm the hypothesis that blue, CuPC-based tattoo ink can act as a CAT and SOD mimetic in vitro and provide evidence that the antioxidant effects of a blue tattoo in 456 vivo [9] may be mediated by the ability of CuPC and other chemical constituents of the blue 457 tattoo ink to mimic the activity of endogenous antioxidant enzymes. In contrast to the 458 assumption that the CAT and SOD-mimetic properties of the tattoo ink would be primarily 459 explained by the presence of CuPC, the results suggest that both the CuPC-enriched blue and 460 the residual white fraction may exert CAT and SOD-mimetic properties and affect redox 461 balance, indicating that other chemical constituents (e.g. TiO2) may also be involved in 462 modulation of redox homeostasis. Finally, it has been demonstrated that the ability of different 463 constituents of the tattoo ink to potentiate and/or inhibit the activity of CAT and SOD depends 464 on numerous factors (e.g. the presence of other constituents that exert synergistic, additive, or 465 antagonistic effects; the concentration of the constituents and/or the substrate; the presence of 466 compounds from the biochemical matrix of the skin; the incubation time and temperature) that 467 should be taken in account. 468

469 Limitations:

470 Several important limitations should be emphasized. First, it was not possible to analyze the presence, or the quantity of individual chemical constituents of the tattoo ink used in the 471 experiment, and the presence of different chemicals was assumed based on the official material 472 safety data sheet of the product. Apart from the CuPC that was most likely present based on 473 the UV-Vis spectrum characterized by the Soret peak (B-band) and the Q-band with the 474 Davydov splitting characteristic for the phthalocyanine derivatives, the existence of other 475 chemicals (and possibly also impurities) could not have been confirmed experimentally. 476 Furthermore, the presence of CuPC and TiO₂ nanoparticles was assumed based on the 477 experimental data for the Intenze[™] blue tattoo ink reported by Høgsberg et al. [35], however, 478 the existence or the size of nanoparticles was not confirmed experimentally and the potential 479 influence of the experimental conditions on the particle aggregation, size, shape, surface 480 characteristics, or the crystal structure (important for the redox-related effects) was not 481 assessed. Finally, the possibility that the chemical reaction with some of the reagents may have 482 introduced bias in some measurements can never be completely ruled out. For example, it has 483 been observed that 450 nm absorbance of some of the dilutions of some fractions was affected 484

- by spectrophotometric measurements (possibly due to light exposure as some chemical 485
- constituents such as TiO₂ act as well-known photocatalysts [27])(Supplement). Nevertheless, 486
- precautionary steps were taken to prevent the chemical bias that may have been introduced due 487
- to unforeseen chemical reactions of samples and reagents (e.g. baseline validation model was 488
- established and analyzed for each sample individually to ensure that the expected changes such 489 as the dissociation of H₂O₂ can be assumed and quantified without the risk of chemical
- 490 interaction) (Supplement).
- 491
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- Data can be obtained from the author's GitHub repository (https://github.com/janhomolak). 497
- Author's contributions: 498
- JH conceived the study, conducted the experiments, analyzed data, and wrote the manuscript. 499
- 500 **References:**
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592 Fig 1. Catalase (CAT) and superoxide dismutase (SOD)-like activity of Persian Blue tattoo ink

593 (PB) *in vitro*. A) Output of the model including the tested dilutions and substrate concentrations

demonstrating dilution-dependent CAT-like activity of PB, with the 1:10 PB dilution acting as

595 CAT mimetic (substrate concentrations: 6, 8, and 10 mM H_2O_2 ; t= 300 s). B) Dilution-

dependent SOD-like activity of PB, with 1:10 PB demonstrating SOD-like properties at t < 300

597 s, and potentiation of 1,2,3-trihydroxybenzene autooxidation at t > 300 s. 1:100, 1:1000 and

598 1:10 000 dilutions show no SOD-mimetic activity.



Fig 2. Catalase (CAT) and superoxide dismutase (SOD)-like activity of blue and white fractions of the Persian Blue tattoo ink (PB) *in vitro*. A) A representative image of the blue

(left) and white (right) fractions of PB. B) Absorption spectra of the 1:100 (red) and 1:1000 603 (green) dilution of the blue fraction, and the 1:100 (turquoise) and 1:1000 (purple) dilution of 604 the white fraction of PB. The absorption spectrum of the blue fractions demonstrates the Soret 605 peak (B-band) and Q-band, strongly indicating that copper phthalocyanine was only present in 606 the blue fraction of PB. C) Results demonstrating no CAT-like activity of different dilutions of 607 either fraction *in vitro* (substrate concentrations: 6, 8, 10 mM H_2O_2 ; $t_1 = 300$ s; $t_2 = 600$ s). D) 608 Output of the model including tested dilutions of the blue and white fraction, time, and substrate 609 concentration, demonstrating no observed CAT-like activity. E) Comparison of the observed 610 CAT-like activities of two dilutions of the blue and white fraction at different substrate 611 concentrations. P-values are reported above estimates of differences of estimated marginal 612 means accompanied by 95% confidence intervals. F) Dilution-dependent SOD-like activity of 613 PB fractions. The 1:10 dilution of the white fraction potentiates autooxidation of 1,2,3-614 trihydroxybenzene at t < 300 s, while all other dilutions of both fractions show no pronounced 615 effects. At t > 300 s, the 1:10 dilution of the blue fraction demonstrates pronounced, while the 616 1:100 dilution shows slightly less pronounced SOD-like activity. The 1:10 dilution of the white 617 fraction shows a strong 1,2,3-trihydroxybenzene autooxidation potentiating effect. 618



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Fig 3. Catalase (CAT) and superoxide dismutase (SOD)-like activity of the Persian Blue tattoo
ink (PB) and its blue and white fractions *in vitro* in the presence of biochemical constituents of
the skin. A) Output of the model including tested dilutions of PB and its blue and white

fractions and substrate concentrations (6, 8, and 10 mM H₂O₂), demonstrating the ability of PB 624 625 and its fractions to inhibit CAT *in vitro* (t = 60 s). While the effect was not dose-dependent for the blue fraction, the white fraction and PB showed a pronounced dose-dependent inhibition 626 of the enzyme. B) Model results presented as point estimates of differences of estimated 627 marginal means with 95 % confidence intervals for the model presented in A. C) Output of the 628 model including tested dilutions of PB and the blue and white PB fractions demonstrating the 629 ability of the samples to potentiate CAT activity in the complex biochemical matrix of normal 630 skin tissue (substrate concentration: 10 mM H_2O_2 ; t = 600 s). D) Model results presented as 631 point estimates of differences of estimated marginal means with 95 % confidence intervals for 632 the model presented in C. E) Output of the model including tested dilutions of PB and the blue 633 and white PB fractions demonstrating the effect of the samples on CAT activity in the complex 634 biochemical matrix of normal skin tissue following pre-incubation of the dyes with the tissue 635 samples (pre-incubation time: 180 min; pre-incubation temperature: 37 °C; substrate 636 concentration: 10 mM H_2O_2 ; t = 600 s). F) Model results presented as point estimates of 637 differences of estimated marginal means with 95 % confidence intervals for the model 638 presented in E. G) SOD mimetic activity of PB and the blue and white PB fractions in the 639 complex biochemical matrix of normal skin tissue. At t < 300 s, PB demonstrated no SOD-like 640 activity, while both blue and white fractions acted as SOD mimetics. At t > 300 s, PB was 641 associated with slight potentiation, while the white PB fraction induced pronounced 642 autooxidation of 1,2,3-trihydroxybenzene. Conversely, the blue PB fraction demonstrated 643 SOD-mimetic activity. H) SOD mimetic activity of PB and the blue and white PB fractions in 644 the complex biochemical matrix of normal skin tissue following incubation of the dyes with 645 skin tissue for 180 min at 37 °C. Pre-incubation of the dyes with the skin tissue constituents 646 alleviated the effects observed in F. 647



648

Fig 4. Interaction of the blue tattoo ink with constituents of the skin homogenate assessed by
the lateral flow assay (LFA), CuPC-capturing gradient electrophoretic mobility shift assay
(CCG-EMSA), and sample pre-incubation electrophoretic mobility shift assay (SP-EMSA). A)
Line profiles obtained from LFA with the Persian Blue (PB) tattoo ink used as a mobile phase.
Profiles obtained from the free route for the uninterrupted analyte flow (control lane) and the
sample-capturing lane containing two capturing pools (experimental lane; capturing pools are
marked with yellow lines) are shown for the control high binding capacity protein – bovine

serum albumin (BSA; top), catalase (CAT; middle), and the skin homogenate (SKIN; bottom). 656 Both time (5 time-points) and the direction of the flow are aligned with the X-axis. B) CAT 657 and skin homogenate after LFA with PB mobile phase followed by ddH₂O (left). The skin 658 sample shows a wave pattern suggesting the presence of interaction with several separate 659 components. Line profiles of the samples presented on the left with 3 peaks associated with the 660 skin sample suggest heterogeneous interaction patterns. C) The polyacrylamide gel from the 661 CCG-EMSA experiment demonstrates the absence of the electrophoretic mobility shift for the 662 CAT sample (red), and dose-dependent electrophoretic deceleration for the skin sample (blue). 663 The trichalo-containing polyacrylamide gel was visualized using 302 nm excitation and 535-664 645 nm emission. A negative image is presented. D) The gel from the SP-EMSA experiment 665 showing 3 technical replicates of pre-treated and untreated CAT and skin samples with no 666 apparent deceleration in the CAT sample, and a prominent reduction in mobility of the 667 prominent peak in the skin sample (blue). The trichalo-containing polyacrylamide gel was 668 visualized using 302 nm excitation and 535-645 nm emission. A negative image is presented. 669



Fig 5. Interaction of the blue tattoo ink with constituents of the skin homogenate assessed by the lateral flow assay (LFA), CuPC-capturing gradient electrophoretic mobility shift assay (CCG-EMSA), and sample pre-incubation electrophoretic mobility shift assay (SP-EMSA) spectral analysis. A) Native image of the polyacrylamide gel from the SP-EMSA experiment after electrophoretic separation of catalase (CAT) and skin samples. B) Native image of the polyacrylamide gel from the CCG-EMSA experiment after electrophoretic separation. C) Spectral analysis of the LFA membranes using different excitation and emission wavelengths

demonstrates 3 general patterns: the sample pool (the area where the sample was deposited -679 lower portion of the images); the middle mobile phase (largely absent in the white fraction – 680 the middle portion of the images); and the mobile front (present in all samples – upper portion 681 682 of the images). D) CAT and the skin sample exposed to the Persian Blue tattoo ink (PB) mobile phase, and the control CAT sample (not exposed to the PB mobile phase to control for baseline 683 spectral properties) emission at 700-730 nm upon excitation at 650-675 nm. A substantial 684 increment in emission and the smearing pattern speak in favor of the interaction of CAT with 685 the PB mobile front. E) Spectral analysis of the gel from the SP-EMSA experiment shows that 686 both the PB-pretreated skin sample and PB-pretreated CAT emit a signal in concordance with 687 the presence of constituents from the white fraction (see F). Notice the difference in the signal 688 from the stacking gel and the resolving gel in the context of the ink fractions emission signals 689 (presented in F). Negative images are presented. F) The effect of PB fractions and 690 concentrations in two different spectral planes. Negative images are presented. G) Ponceau S 691 staining of the nitrocellulose membrane with the PB-treated and PB-untreated CAT from the 692 SP-EMSA experiment (left), and the corresponding membrane exposed to luminol and H₂O₂ 693 demonstrating a substantial H₂O₂ dissociation potential only in the PB-treated CAT sample 694 (right). The main CAT fraction is emphasized in red. The pattern indicates that both the PB-695 pretreated CAT and the front have the ability to promote H₂O₂ dissociation. H) Negative 696 images of the signal obtained from the PB-treated and PB-untreated CAT eluted from the 697 membrane shown in G in two different spectral planes indicating the presence of the 698 constituents associated with the white fraction. I) Confirmation of the absence of the CuPC 699 from the samples containing CAT eluted from the membrane shown in G. UV-Vis spectra both 700 CAT and PB-pretreated CAT before the polyacrylamide gel electrophoresis (PRE-PAGE) and 701 after elution from the membrane (POST-PAGE). 702