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Letter

West Nile virus retinitis in a patient with neuroinvasive disease

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Dear Editor:

The West Nile virus (WNV) is a widely distributed emerging mosquito-borne arbovirus. Although the majority of WNV infections are asymptomatic (80%), some infected individuals (20%) present with non-specific febrile disease (WNV fever) and less than 1% develop neuroinvasive diseases (meningitis, encephalitis, and myelitis). Several atypical or rare presentations of WNV infection such as cerebellitis, myocarditis, hepatitis, pancreatitis, and rhabdomyolysis have been described in case reports or small case series¹. Although rare, ocular manifestations, including monofocal or multifocal WNV chorioretinitis are the most commonly reported clinical manifestations of WNV infection after fever and neuroinvasive disease²⁻⁵.

We herein report the first case of retinitis detected in a patient with WNV neuroinvasive disease in Croatia. In August 2018, a 68-year-old patient with type II diabetes mellitus was admitted to the infectious disease department with a six-day history of fever (temperature up to 38.9°C), shivering, chills, vertigo, frontal headache, and fatigue. The patient came on holiday in a touristic area on the Adriatic Coast from the continental part

of Croatia where autochthonous WNV infections have already been registered continuously from 2012^{6,7}, as well as in the 2018 transmission season (unpublished data of the Reference Centre for Diagnosis and Surveillance of Viral Zoonoses, Croatian Ministry of Health, Croatian Institute of Public Health). In the coastal area, autochthonous human WNV infections had not been detected so far. According to the epidemiological history (arbovirus transmission season, living in the area with documented arbovirus circulation, and reported mosquito bites), an arboviral etiology was suspected.

On physical examination, the patient was confused, restless with slight tremors of the hands, and had conjunctival hyperemia. On the lower extremities, there were multiple mosquito bites. Routine blood laboratory parameters were within normal ranges except for an elevated glucose level (9.0 mmol/L, reference range 4.4–6.4 mmol/L). Cerebrospinal fluid analysis showed pleocytosis ($437 \times 10^6/L$ cells) with lymphocyte predominance (67%), elevated protein level (1.40 g/L; reference range 0.17–0.37 g/L), and elevated glucose level (5.7 mmol/L, reference range 2.5–3.3 mmol/L). An electroencephalogram showed nonspecific changes while a brain computed tomography scan showed normal findings.

On the 9th day after disease onset, he developed sudden decreased visual acuity in both eyes. Ophthalmologic examination revealed conjunctival injection, while other parts of the anterior segment of the eye were unremarkable. The visual acuity in both eyes was classified using the semiquantitative scale of “hand motion”. Intraocular pressure was normal. In the

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posterior segment of the eye, vasculitis, edema, and hemorrhage of the entire retina were found (**Figure 1**). Fluorescent angiography showed bilateral occlusion of the retinal blood vessels with centrally located ischemic areas.

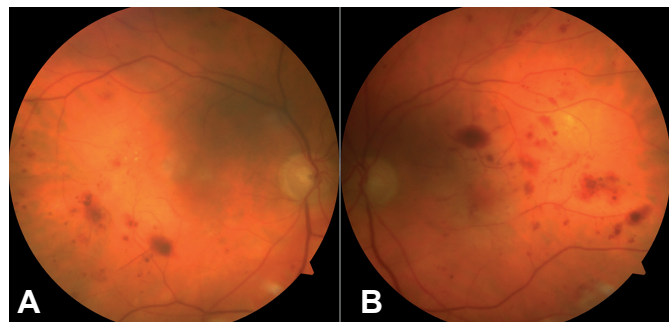


FIGURE 1: Fundus photograph of the right (A) and left (B) eye shows retinitis with preretinal and intraretinal hemorrhages.

Repeated blood cultures showed negative results. Serological tests were performed using commercial enzyme-linked immunosorbent assays (Euroimmun, Lübeck, Germany). The diagnosis of WNV neuroinvasive disease was confirmed by seroconversion in samples obtained during the acute and convalescent phases. In the first sample tested on day 8, positive IgM antibody assay results (ratio 1.25; >1.1 positive) were found while IgG antibody assay results were negative (10.58 RU/ml; >22 positive). In the second sample tested on day 27, both IgM (ratio 1.48) and IgG (142.10 RU/ml) antibodies were found. IgG antibodies showed low avidity (24%; <40% low avidity index) indicating acute WNV infection. To rule out cross-reactivity with other flaviviruses, serology for tick-borne encephalitis virus and Usutu virus was also performed. Antibody assay results for both tick-borne encephalitis virus and WNV were negative. Additionally, WNV infection was confirmed by detection of WNV RNA in the first serum sample using a real-time reverse transcriptase-polymerase chain reaction according to the protocol of Tang et al.⁸ Real-time reverse transcriptase-polymerase chain reaction for Usutu virus showed negative results according to the protocol of Nikolay et al.⁹ Herpes simplex virus DNA was not detectable in cerebrospinal fluid by quantitative polymerase chain reaction.

Based on the clinical symptoms and virological results, acute WNV meningoencephalitis and retinitis were diagnosed. The patient was initially treated with acyclovir, ampicillin, and ceftriaxone with supportive therapy (antiedematous and antiaggregation therapy). On control examination after one month the patient still reported blurred vision with complete resolution of meningitic symptoms. A control electroencephalogram yielded normal findings.

Ophthalmic presentations in arboviral infections in general are not common¹⁰. Intraocular involvement during WNV infection was first described in 2003. Ocular manifestations

can be present at the time of fever or may manifest after many weeks. Anterior uveitis, optic neuritis, and retinitis are the most common manifestations during the acute infection¹¹. In Croatia, ocular involvement in patients with WNV infection has not been documented so far. WNV chorioretinitis tends to occur in older patients, those with coexisting diabetes mellitus, with higher likelihood of presenting with encephalitis like the patient presented in this report¹². However, some studies reported retinitis also in younger, nondiabetic patients³. The exact pathogenesis of the ocular manifestations associated with WNV is not known; however, it has been speculated that hematogenous dissemination of virus to the choroidal circulation may result in chorioretinitis or chorioiditis².

In conclusion, the case presented in this report highlights the need for awareness of the possibility of WNV-related retinitis during the arbovirus transmission season. In addition, routine ophthalmological examination should be considered, especially in patients presenting with severe WNV encephalitis.

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Conflict of interest

The authors declare that there is no conflict of interest.

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